

Frame it Right: Optimizing Size and Framing Efficiency in Mid-Rise Wood Buildings

September 24, 2025

Presented by

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Image: Stella, DesignARC, Taylor and Syfan, Photo Lawrence Anderson/Esto

Course Description

Increasingly, building designers and developers are looking to mid-rise light-frame wood construction as a cost-effective and sustainable solution for commercial and multi-family buildings. This presentation will review the allowable construction types, with an emphasis on the opportunities and advantages of using light-frame wood in Types III and V. Today's speakers will cover design considerations associated with these types of projects, including how to maximize height and area through the use of sprinklers, open frontage, sloping sites, podiums, and mezzanines. Common framing methods will also be discussed in the context of ensuring that projects are designed to be structurally sound, constructable, and code compliant.

Learning Objectives

1. Discuss how mid-rise, light-frame wood construction meets the need for additional commercial space and multi-family housing while contributing to vibrant and sustainable communities.
2. Review allowable construction types, occupancies, and building heights and areas for mid-rise light-frame wood construction under the 2022 California Building Code (CBC).
3. Explore potential modifications to the CBC's base tabular heights and areas based on building frontage, sprinklers, sloping sites, podiums, and mezzanines.
4. Understand how to design for standard framing practices to avoid costly construction errors and ensure the resulting building is structurally sound and code compliant.



Mid-Rise Design: Optimizing Size, Maximizing Value



INTRODUCTION TO HEIGHTS AND AREAS
FOR MID-RISE MULTI-FAMILY LIGHT-FRAME
WOOD BUILDINGS

September 24, 2025

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Mike Romanowski, SE
Senior Regional Director | CA-South, AZ,NM

Outline

- » Context for Mid-Rise Construction (Urban Densification)
- » Mid-Rise Building Configurations
- » Maximizing Height & Area
- » Case Studies



Landing Apartments, Russell Scott Steedle & Capione Architects, photo Gregory Folkins

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1430 Q, The HR Group Architects, Buehler Engineering, Greg Folkins Photography

Global Population Boom

Global Population

7.9 billion in 2022

9.7 billion by 2050

23% increase

Urban Population

6.4 billion by 2050

40% increase



Need for Sustainable Multi-Family & Mixed-Use Structures



Economically Meet our
Urban Housing Needs



Increased Environmental
Responsibility

These 2 items don't need to be in opposition—
Wood-framing helps them work together!

Mid-Rise Construction

Where **wood** is a viable option,
it's likely the most appropriate choice.

- » Senior Living
- » Apartments/Condos
- » Mixed-Use
- » Student Housing
- » Affordable Housing
- » Hotels



The Gibson, Hummel Architects, KPFF Consulting Engineers, photo Leo A. Geis

Why Wood?

- Using wood helps reduce environmental impact
- Wood products play a significant role in the modern economy

Wood Costs Less

Wood is Versatile

Wood Meets Code

Wood is Durable

Wood is Renewable



Photo courtesy OFRI



The Gibson, Hummel Architects, KPFF Consulting Engineers, photo Leo A. Geis

Carbon Footprint | High Density Housing

AvalonBay Stadium - Anaheim, CA



Sustainability Advantage



Volume of wood used:

5,200 cubic meters / 183,600 cubic feet of lumber and sheathing



U.S. and Canadian forests grow this much wood in:

15 minutes



Carbon stored in the wood:

3,970 metric tons of CO₂



Avoided greenhouse gas emissions:

8,440 metric tons of CO₂



TOTAL POTENTIAL CARBON BENEFIT:

12,410 metric tons of CO₂

EQUIVALENT TO:

Source: US EPA



2,370 cars off the road for a year



Energy to operate a home for 1,050 years

For information on the calculations in this chart, visit woodworks.org

Note: CO₂ on this chart refers to CO₂ equivalent.

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1430 Q, The HR Group Architects, Buehler Engineering, Greg Folkins Photography

Mid-Rise Wood Construction

**How many stories
can be wood framed
in the CBC?**

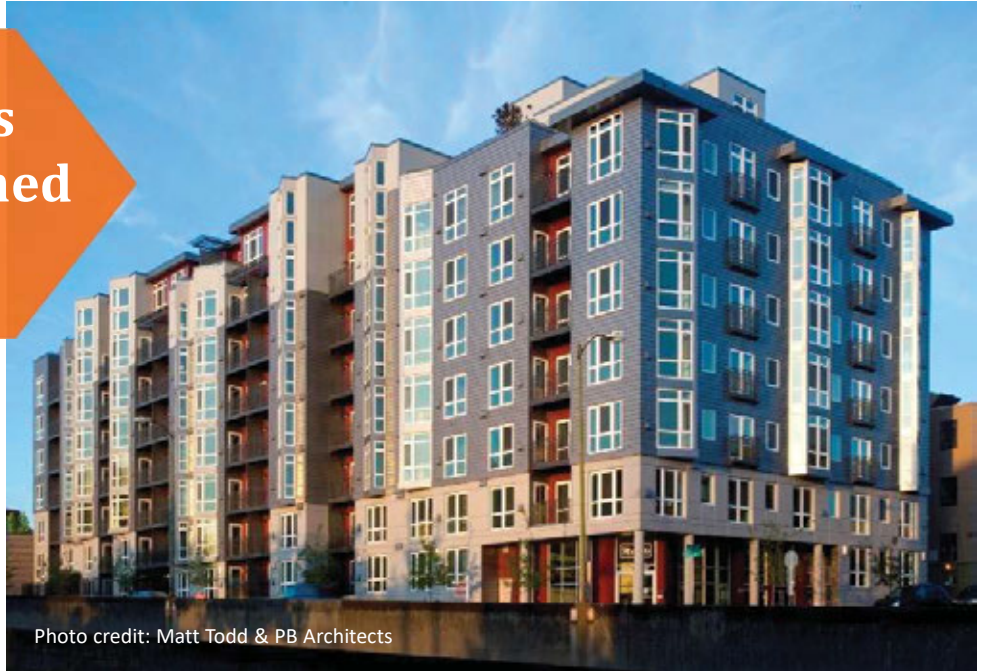


Photo credit: Matt Todd & PB Architects

Mid-Rise Wood Construction

6 stories for Office,
5 stories for Residential
+ Mezzanine
+ Multi-Story Podium



Photo credit: Matt Todd & PB Architects

Walk-Up/Tuck-Under

First floor walk-up units with private garage

Benefits:

- » Eliminates need for S-2 parking garage
- » Can be all wood
- » Least expensive overall but lowest densification rates (20-35 units/acre)



Wrap-Around (aka the Texas Donut)

Walk-up units surround parking structure

Benefits:

- » Enhanced security
- » Centralized access to parking
- » Visual appeal from street
- » More expensive than walk-up/tuck-under
- » 5-stories yields 60-80 units/acre



Podium (not a code-defined term)

Multiple stories of wood over an elevated concrete deck

Benefits:

- » Increased number of stories
- » Accommodates mixed-use occupancies
- » Most expensive but can allow increased density



4 Over 1 Podium

**4 wood stories of residential
over 1-story (parking or
retail) podium**

» 80–100 units/acre

Inman Park Condos, Atlanta, GA
Davis & Church



5 Over 1 Podium

5 wood stories of residential over 1-story (parking or retail) podium

» 100–120 units/acre

AvalonBay Stadium, Anaheim, CA
VanDorpe Chou Associates



Inman Park Condos, Atlanta, GA
Davis & Church



5 Over 1 Podium

**5 wood stories of residential
over 1-story (residential)
podium**

» 120–140 units/acre

16 Powerhouse, Sacramento, CA
D&S Development
LPA Sacramento



Outline

» Context for Mid-Rise Construction
(Urban Densification)

» Mid-Rise Building Configurations

➤ Maximizing Height & Area

1. Construction Types
2. Tabulated Heights & Areas
3. Measuring Height
4. Sprinkler Systems
5. Frontage
6. Calculating Allowable Building Area
7. Basements, Mezzanines & Special Design Provisions

» Case Studies



1430 Q, The HR Group Architects, Buehler Engineering, Greg Folkins Photography

Construction Types – Section 602

Type V

- » All building elements can be any material allowed by code
- » Subdivided into **V-A** (protected) and **V-B** (unprotected)

Type IV (Heavy/Mass Timber)

- » Minimum prescriptive sizes per CBC Section 2304.11
- » Exterior walls must be noncombustible or MT (may be FRTW in **IV-HT**)
- » Interior building elements must be noncombustible or MT (may be light-frame wood in **IV-HT** if fire rated)
- » Subdivided into **IV-A**, **IV-B**, **IV-C** and **IV-HT**, each with different levels of protection

Type III

- » Exterior walls must be noncombustible (may be FRTW in most cases)
- » Interior building elements can be any material allowed by code
- » Subdivided into **III-A** (protected) and **III-B** (unprotected)

Tabulated Heights & Areas

TABLE 504.3
ALLOWABLE BUILDING HEIGHT IN FEET ABOVE GRADE PLANE ^{a, f}

| OCCUPANCY CLASSIFICATION | TYPE OF CONSTRUCTION | | | | | | | | | | | | |
|-----------------------------|---------------------------|--------|-----|---------|----|----------|----|---------|-----|----|----|-----------------|----|
| | See Footnotes | Type I | | Type II | | Type III | | Type IV | | | | Type V | |
| | | A | B | A | B | A | B | A | B | C | HT | A | B |
| B, F, M, S, U | NS ^b | UL | 160 | 65 | 55 | 65 | 55 | 65 | 65 | 65 | 65 | 50 | 40 |
| | S | UL | 180 | 85 | 75 | 85 | 75 | 270 | 180 | 85 | 85 | 70 | 60 |
| R-2 ^b | NS ^d | UL | 160 | 65 | 55 | 65 | 55 | 65 | 65 | 65 | 65 | 50 | 40 |
| | S13R | 60 | 60 | 60 | 55 | 60 | 55 | 60 | 60 | 60 | 60 | 50 | 40 |
| | S (without area increase) | UL | 180 | 85 | 75 | 85 | 75 | 270 | 180 | 85 | 85 | 70 | 60 |
| | S (with area increase) | UL | 160 | 65 | 55 | 65 | 55 | 250 | 160 | 65 | 65 | 60 ^j | 40 |

TABLE 504.4
ALLOWABLE NUMBER OF STORIES ABOVE GRADE PLANE ^{a, b, n}

| OCCUPANCY CLASSIFICATION | TYPE OF CONSTRUCTION | | | | | | | | | | | | |
|--------------------------|----------------------------------|--------|----|---------|---|----------|---|---------|----|---|----|----------------|---|
| | See Footnotes | Type I | | Type II | | Type III | | Type IV | | | | Type V | |
| | | A | B | A | B | A | B | A | B | C | HT | A | B |
| B | NS | UL | 11 | 5 | 3 | 5 | 3 | 5 | 5 | 5 | 5 | 3 | 2 |
| | S | UL | 12 | 6 | 4 | 6 | 4 | 18 | 12 | 9 | 6 | 4 | 3 |
| R-2 ^h | NS ^d | UL | 11 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 |
| | S13R | 4 | 4 | 4 | | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 |
| | <i>S (without area increase)</i> | UL | 12 | 5 | 5 | 5 | 5 | 18 | 12 | 8 | 5 | 4 | 3 |
| | <i>S (with area increase)</i> | UL | 11 | 4 | 4 | 4 | 4 | 17 | 11 | 7 | 4 | 4 ^p | 2 |

Tabulated Heights & Areas

TABLE 506.2
ALLOWABLE AREA FACTOR (A_t = NS, S1, S13R, S13D or SM, as applicable) IN SQUARE FEET^{a, b, f}

| OCCUPANCY CLASSIFICATION | SEE FOOTNOTES | TYPE OF CONSTRUCTION | | | | | | | | | | | |
|---------------------------------------|------------------------------|----------------------|----|---------|--------|----------|--------|---------|---------|---------|---------|---------------------|--------|
| | | Type I | | Type II | | Type III | | Type IV | | | | Type V | |
| | | A | B | A | B | A | B | A | B | C | HT | A | B |
| B | NS | UL | UL | 37,500 | 23,000 | 28,500 | 19,000 | 108,000 | 72,000 | 45,000 | 36,000 | 18,000 | 9,000 |
| | S1 | UL | UL | 150,000 | 92,000 | 114,000 | 76,000 | 432,000 | 288,000 | 180,000 | 144,000 | 72,000 | 36,000 |
| | SM | UL | UL | 112,500 | 69,000 | 85,500 | 57,000 | 324,000 | 216,000 | 135,000 | 108,000 | 54,000 | 27,000 |
| R-2 ^b | NS ^d | UL | UL | 24,000 | 16,000 | 24,000 | 16,000 | 61,500 | 41,000 | 25,625 | 20,500 | 12,000 | 7,000 |
| | S13R | | | | | | | | | | | | |
| | S1 | UL | UL | 96,000 | 64,000 | 96,000 | 64,000 | 246,000 | 164,000 | 102,500 | 82,000 | 48,000 | 28,000 |
| | SM (without height increase) | UL | UL | 72,000 | 48,000 | 72,000 | 48,000 | 184,500 | 123,000 | 76,875 | 61,500 | 36,000 | 21,000 |
| | SM (with height increase) | UL | UL | 24,000 | 16,000 | 24,000 | 16,000 | 61,500 | 41,000 | 25,625 | 20,500 | 12,000 | 7,000 |
| R-2 Type VA construction ^f | NS ^d | NP | NP | NP | NP | NP | NP | NP | NP | NP | NP | 12,000 | NP |
| | S13R | NP | NP | NP | NP | NP | NP | NP | NP | NP | NP | 12,000 | NP |
| | S1 | NP | NP | NP | NP | NP | NP | NP | NP | NP | NP | 48,000 | NP |
| | SM (without height increase) | NP | NP | NP | NP | NP | NP | NP | NP | NP | NP | 36,000 | NP |
| | SM (with height increase) | NP | NP | NP | NP | NP | NP | NP | NP | NP | NP | 36,000 ^j | NP |

NS = Buildings not equipped throughout with an automatic sprinkler system

S1 = Buildings a maximum of one story above grade plane equipped throughout with an automatic sprinkler system installed in accordance with Section 903.3.1.1 (NFPA 13)

SM = Buildings two or more stories above grade plane equipped throughout with an automatic sprinkler system installed in accordance with Section 903.3.1.1 (NFPA 13)

S13R = Buildings equipped throughout with an automatic sprinkler system installed in accordance with Section 903.3.1.2 (NFPA 13R)

Measuring Height – Chapter 2 Definitions

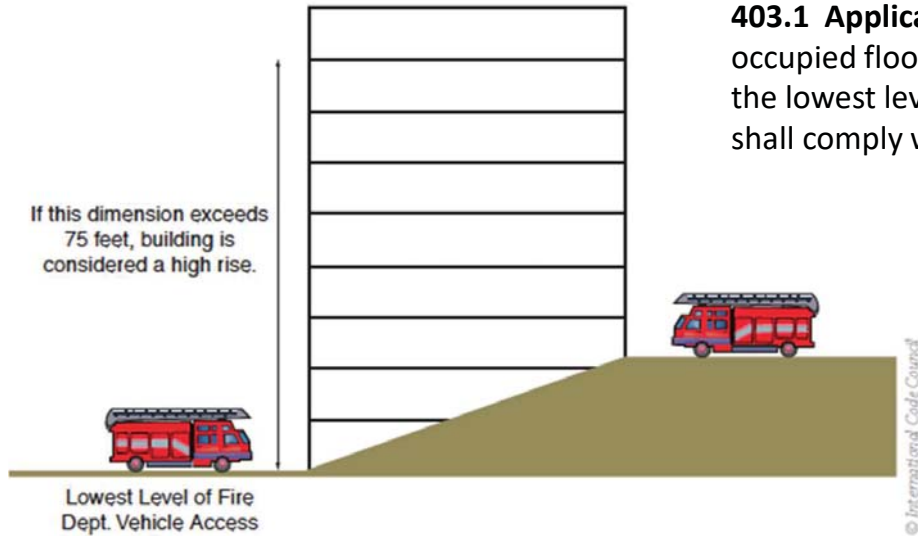
HEIGHT, BUILDING. The vertical distance from *grade plane* to the average height of the highest roof surface.

GRADE PLANE. A reference plane representing the average of finished ground level adjoining the building at *exterior walls*. Where the finished ground level slopes away from the *exterior walls*, the reference plane shall be established by the lowest points within the area between the building and the *lot line* or, where the *lot line* is more than 6 feet from the building, between the building and a point 6 feet from the building.



626 Dekalb Avenue, Atlanta, GA
Matt Church - Davis Church Structural Engineers

Measuring Height – Section 403



403.1 Applicability. New high-rise buildings having occupied floors located more than 75 feet above the lowest level of fire department vehicle access shall comply with Sections 403.2 through 403.7.

Determination of high-rise building

Sprinkler Systems

In many cases, sprinklers are required by code depending on occupancy per Section 903.2

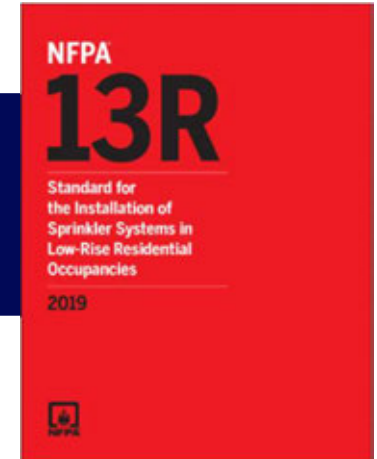
- » Most new Group R fire areas
- » Group A, E, M or S fire areas exceeding 1k-48k sf



Stella Apartments, DesignARC, Taylor and Syfan, photo Lawrence Anderson

Sprinkler Systems

- » NFPA 13
Standard for Commercial Occupancies per CBC Section 903.3.1.1
- » NFPA 13R
Standard for Low-Rise Residential Occupancies per CBC Section 903.3.1.2
- » NFPA 13D
Standard for One and Two-Family Residences per CBC Section 903.3.1.3



Sprinkler Systems – NFPA 13 vs. NFPA 13R



NFPA 13

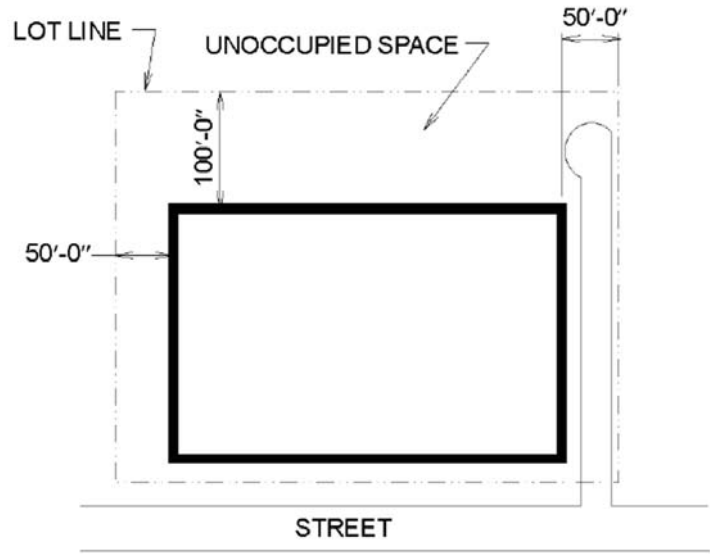


NFPA 13R

| Goal: Provide life safety and property protection | Goal: Provide life safety only |
|---|--|
| Fully sprinklered system throughout entire building even in unoccupied spaces (closets, attics) | Partially sprinklered system; unoccupied spaces often don't require sprinklers |
| Can cost more | Lower levels of water discharge, shorter water supply time can result in smaller pipe sizes, reduce need for storage & pumps |
| Permitted for many occupancies, buildings of many sizes, allows greater building size increases | Limited applications, mainly for multi-family up to 4 stories, 60 feet |

Frontage – Section 506.3

The allowable area of a building is permitted to be increased when it has a certain amount of frontage on streets (public ways) or open spaces, since this provides access to the structure by fire service personnel, a temporary refuge area for occupants as they leave the building in a fire emergency and a reduced fire exposure to and from adjacent structures.



Frontage – Sections 506.3.1 & 506.3.2

MINIMUM QUALIFICATIONS

25% min. of the building perimeter is on a public way or open space 20' min. distance from the building face to:

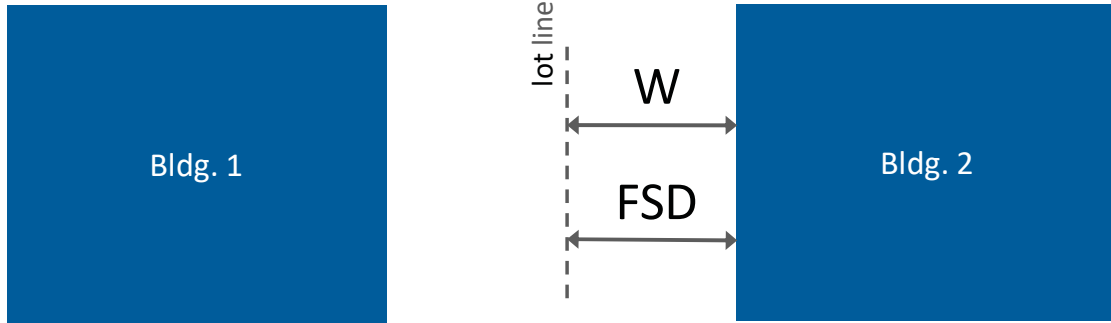
- » The closest interior lot line
- » The entire width of a street, alley or public way
- » The exterior face of an adjacent building on the same property

Frontage

The width “W” of public way or open space is NOT always the same as fire separation distance (FSD) used for purposes of determining fire resistance ratings of exterior walls and openings

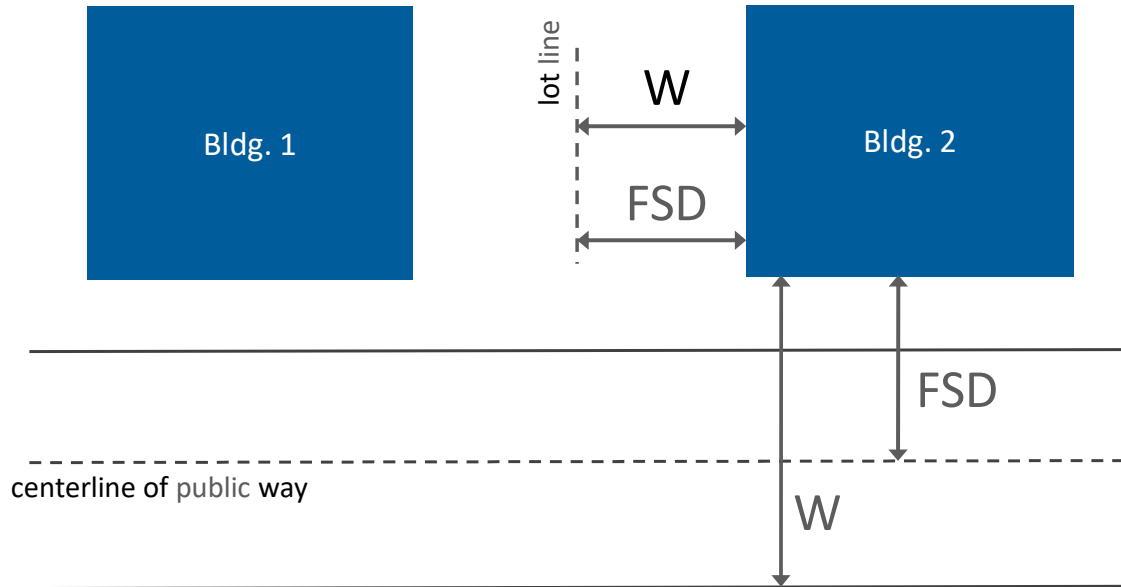
Frontage – Section 506.3.2

For two buildings on DIFFERENT lots



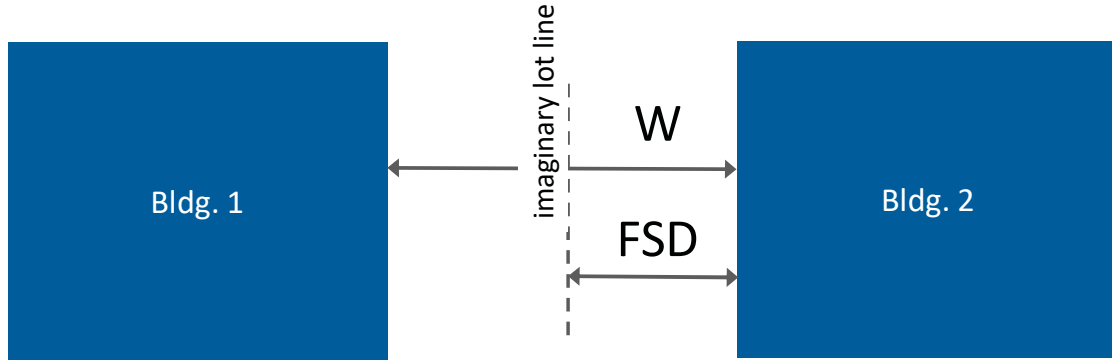
Frontage – Section 506.3.2

For buildings near public right of ways:



Frontage – Section 506.3.2

For two buildings on the SAME lot



Frontage – 2019 CBC Section 506.3.2

$$W = [(L_1 \times w_1) + (L_2 \times w_2) + (L_3 \times w_3) \dots] / F$$

(Equation 5-4)

WHERE:

W = Calculated width (weighted average) of public way or open space (feet)

L_n = Length of a portion of the exterior perimeter wall

w_n = Width (≥ 20 feet) of public way or open space associated with that portion of the exterior perimeter wall

F = Building perimeter that fronts on a public way or open space having a width of 20 feet or more

Frontage – 2019 CBC Section 506.3.3

$$I_f = [F/P - 0.25] W / 30$$

(Equation 5-5)

Where:

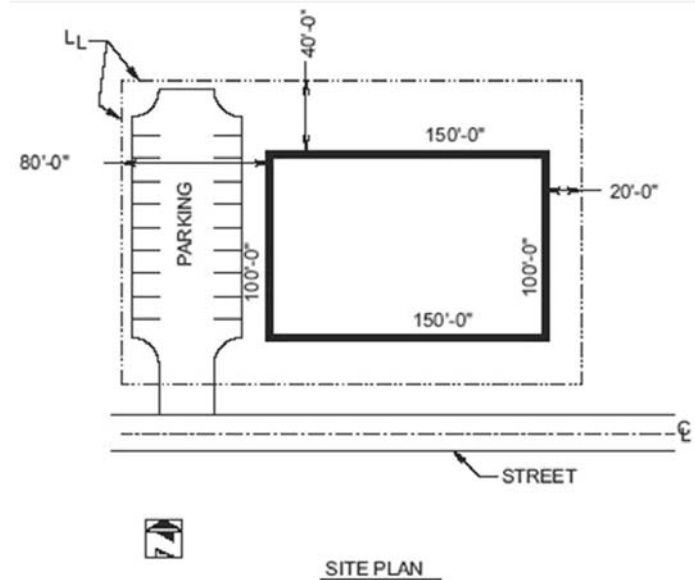
I_f = Area factor increase due to frontage ($I_{f \max.} = 0.75$)

F = Building perimeter that fronts on a public way or open space having a minimum distance of 20 feet

P = Perimeter of entire building (feet)*

W = Width of public way or open space (feet) in accordance with Section 506.3.2 (30 feet max.)

* Fire walls must be treated like a perimeter wall with zero frontage



Frontage – 2022 CBC Section 506.3.3

506.3.3 Amount of increase. The area factor increase based on frontage shall be determined in accordance with Table 506.3.3.

TABLE 506.3.3
FRONTAGE INCREASE FACTOR^a

| PERCENTAGE OF BUILDING PERIMETER | OPEN SPACE (feet) | | | |
|-------------------------------------|-------------------|--------------------|--------------------|---------------|
| | 0 to less than 20 | 20 to less than 25 | 25 to less than 30 | 30 or greater |
| 0 to less than 25 | 0 | 0 | 0 | 0 |
| 25 to less than 50 | 0 | 0.17 | 0.21 | 0.25 |
| 50 to less than 75 | 0 | 0.33 | 0.42 | 0.50 |
| 75 to 100 | 0 | 0.50 | 0.63 | 0.75 |

Calculating Allowable Building Area (Single-Occupancy Building 3** Stories or Less) – Section 506.2.1

$$A_a = A_t + (NS \times I_f)$$

(Equation 5-1)

A_a = Allowable area of each story (sq. ft.)

A_t = Tabular allowable area factor (NS, S1 or S13R) per Table 506.2*

NS = Tabular allowable area factor per Table 506.2 for nonsprinklered building (sprinklered or not)

I_f = Area factor increase due to frontage (percent) per Section 506.3

* Code error; SM should have been included

** Code error; for A, E, H, I, L and R occupancies, Equation 5-1 should apply to buildings 2 stories or less

Calculating Allowable Building Area (Single-Occupancy Building More Than 3* Stories) – Section 506.2.1

$$A_a = [A_t + (NS \times I_f)] \times S_a$$

(Equation 5-2)

A_a = Allowable area (sq. ft.)

A_t = Tabular allowable area factor (NS, S13R or SM) per Table 506.2

NS = Tabular allowable area factor per Table 506.2 for nonsprinklered building (sprinklered or not)

I_f = Area factor increase due to frontage (percent) per Section 506.3

S_a = Except for A, E, H, I, L and R occupancies, actual number of stories above grade plane, not to exceed 3. For A, E, H, I, L and R occupancies, actual number of stories above grade plane, not to exceed 2.

* Code error; for A, E, H, I, L and R occupancies, Equation 5-2 should apply to buildings more than 2 stories

Basements on Sloping Sites– Section 506.1.3

Basements need not be included in the total allowable floor area of a building provided the total area of such basements does not exceed the area permitted for a one-story above grade plane building.

A “basement” is defined as “A story that is not a story above grade plane” such that the finished surface of the floor next above is:

- No more than 6 feet above grade plane; and
- No more than 12 feet above the finished ground level at any point



Mezzanines – Section 505.2

Mezzanines are considered a portion of the story below and are not counted toward building area* or number of stories if:

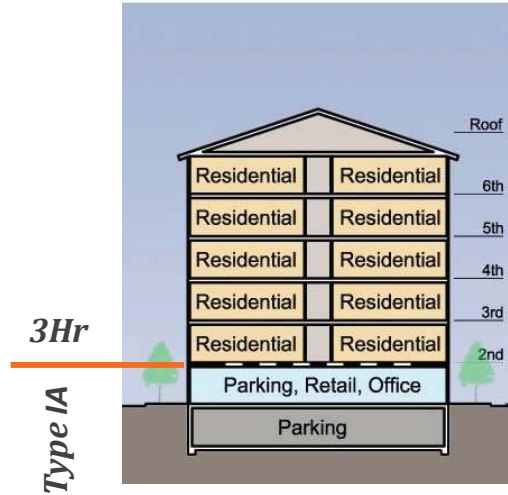
- » Maximum 1/3 the floor area of a *room* or *space* where located (1/2 the floor area within dwelling units located in buildings equipped throughout with NFPA 13 or NFPA 13R sprinkler systems)
- » Special egress provisions apply
- » Must be open and unobstructed to room in which it's located (walls $\leq 42''$ allowed)
 - » Several exceptions
- » Slightly different for equipment platforms

*Does count toward fire area with regard to fire protection in Chapter 9

Special Design Provisions (Podiums) – Section 510.2



5-story Type III building



**5-story Type III building
on top of a Type I-A podium**

Increases total allowable stories...not allowable building height

Special Design Provisions (Podiums) – Section 510.2

Considered separate buildings above and below for purposes of area calculations if:

- » Overall height is still limited to min. of either building
- » 3-hr rated horizontal assembly
- » Building below is Type I-A with sprinklers
- » Enclosures penetrating horizontal assembly are 2-hr rated
- » Occupancy above is A (occupant load <300), B, M, R or S
- » Occupancy below is anything except H
- » Fire walls (if req.'d), can terminate at podium level

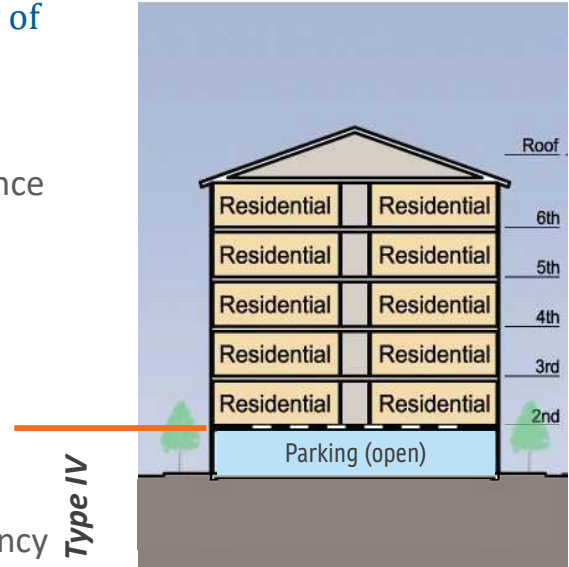
The Flats at ISU, Normal, IL
OKW Architects
Precision Builders & Associates



Special Design Provisions (Wood Podiums) - Section 510.4

Possibility of a Type IV wood podium where the number of stories starts above the parking level when:

- » Occupancy above is R and below is S-2
- » Parking garage is open Type IV parking with grade entrance
- » Horizontal assembly between 1st and 2nd floor shall be:
 - » Type IV
 - » Have 1-hr fire rating when sprinklered
 - » Have 2-hr fire rating when not sprinklered
- » Overall height from grade is still limited by the R occupancy



Parking beneath Group R

<http://www.woodworks.org/experttip/can-parking-incorporated-mixed-use-wood-frame-buildings-construction-type-perspective/>

Wood Podiums

SEAOC 2012 CONVENTION PROCEEDINGS



All-wood Podiums in Mid-rise Construction

Michelle Kam-Biron, S.E.
WoodWorks
Newbury Park, CA

Karyn Beebe, P.E., LEED AP
APA
San Diego, CA

Abstract

Concern for the environment and climate change as well as the economic downturn of the past few years have created a demand for sustainable multi-family housing. According to the Washington, D.C.-based National Association of Home Builders Multifamily Production Index (MPI), a leading indicator for the multi-family market, the apartment and condominium housing market has shown steady improvement for six consecutive quarters. However, today's economic and environmental realities have led the building industry to re-evaluate the way we design and build multi-story buildings.

Mid-rise podium construction, consisting of two to four stories of wood framing above a concrete first story (the "podium") and often incorporating additional subterranean concrete levels, is common throughout North America and in

levels of residential units built on top of one or two levels of parking or other non-residential occupancies below. In this paper, we are defining wood podium as the level (or transfer level) between the two or more stories of wood-framed residential occupancy and the lower non-residential occupancy which is traditionally constructed of concrete. In an article titled, "What to Build Now," by Michael Russo, Dan Withee, AIA, LEED AP, and partner with Withee Malcolm Architects LLP in Torrance, CA states, "Wood podium is basically tuck-under apartments on steroids."

The projects described in this paper have parking, retail, and restaurant space on their first level. The podium is composed of gypcrete (or light weight concrete) topping over wood structural panels supported by I-joists and glued laminated (glulam) beams. Both design teams made a conscientious effort to not utilize concrete or steel framing.

ALL-WOOD PODIUMS

Although a podium structure typically refers to wood-frame construction over concrete, a handful of designers have lowered their costs even further by designing the podium in wood.

"When determining the cost of a structure, there are a lot of variables, including most notably time, materials and labor," said Karyn Beebe, P.E., of APA. "Using wood instead of concrete lowers the mass of the building, which results in more economical podium shear walls and foundations. Using the same material for the entire structure may also mean lower design costs, and the construction team experiences savings in the form of fewer trades on site, which means less mobilization time, greater efficiency because framing is repeated on all of the levels, easier field modifications, and a faster schedule."

Architect Dan Withee, AIA, LEED AP, of Withee Malcolm Architects designed an 85-unit wood podium project in San Diego. He estimated that a concrete podium can cost \$15,000 per parking space compared to \$9,500 for wood podium.⁴

Horizontal Wood Assemblies are effectively used to transition from Residential units above to Retail/Parking below

Photo: Courtesy of Dan Withee, AIA, LEED AP



Multi-Story Wood Construction

A cost-effective and sustainable solution for today's changing housing market

Sponsored by reThink Wood and WoodWorks

Cost-effective, code-compliant and sustainable, mid-rise wood construction is gaining the attention of design professionals nationwide, who see it as a way to achieve higher density housing at lower cost—while reducing the carbon footprint of their projects. Yet, many familiar with wood construction for two- to four-story residential structures are not aware that the International Building Code (IBC) allows wood-frame construction for five stories and more in building occupancies that range from business and mercantile to multi-family, military, senior, student and affordable housing.

but its benefits are equally applicable to other occupancy types.

Among their benefits, wood buildings typically offer faster construction and reduced installation costs. For example, after completing the first phase of a developer-funded five-story student housing project using steel construction, CREW Architects in Chicago switched to wood. "The 12-gauge steel panels were expensive, very heavy and difficult to install and welding and screwing the shear strap bracing was very time consuming," says project architect Kileen Schoen. "Using wood was far more economical for the second phase." Patrick Masias, president

CONTINUING EDUCATION

EARN ONE AIA/CES HSW
LEARNING UNIT (LU)
EARN ONE GBCI CE HOUR FOR LEED
CREDENTIAL MAINTENANCE

Learning Objectives

- After reading this article, you should be able to:
1. Identify the sustainability and economic benefits of using wood construction for mid-rise buildings.
 2. Summarize building code requirements and provisions for mid-rise multi-family.

Outline

- » Context for Mid-Rise Construction (Urban Densification)
- » Mid-Rise Building Configurations
- » Maximizing Height & Area
- » Case Studies



1430 Q, The HR Group Architects, Buehler Engineering, Greg Folkins Photography

Case Study – Wood Buildings Aim High

Inman Park Condominiums

Atlanta, GA

Architect: Brown Doane Architects

Engineer: Davis & Church



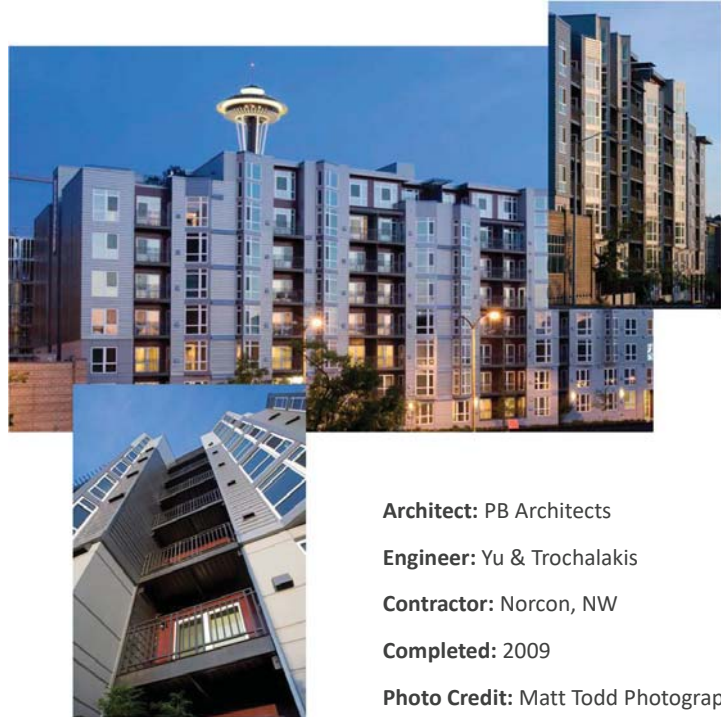
- 4 stories of wood over 1 story of concrete parking
- Floor joists selected to maximize headroom and not exceed building height (10' ceilings)
- Drop ceilings for MEP at perimeter of some rooms

Case Study - Maximizing View and Value With Wood

Marselle Condominiums

Seattle, WA

- » Type III-A condo complex
- » 5-1/2 stories of wood over 2 stories of concrete
- » Mezzanines added \$250 in cost, but \$1M in value
- » 30% cost saving over concrete
- » Time savings over steel



Architect: PB Architects

Engineer: Yu & Trochalakis

Contractor: Norcon, NW

Completed: 2009

Photo Credit: Matt Todd Photography

Case Study – Innovations in Wood

Emory Point Atlanta, GA

- » 3 mixed-use buildings completed –
Luxury apt.'s, retail and restaurants
- » (1) 5-story building of Type III-A wood
over slab on grade
- » (2) 4-story buildings of Type V-A wood
over 1-story concrete podium

35% Structure Savings

- » \$14/sf (wood floor structure)
- » \$22/sf (concrete floor structure)



Architect: Cooper Carry, The Preston Partnership

Engineer: Ellinwood + Machado, Pruitt Eberly Stone

Contractor: Fortune-John

Photo credit: Gables Residential

Frame it Right!

Back to Basics for Big Buildings

Lindsey Kuster, PE

Engineered Wood Specialist



APA – The Engineered Wood Association



1933: Douglas Fir Plywood Association

1994: APA–The Engineered Wood Association



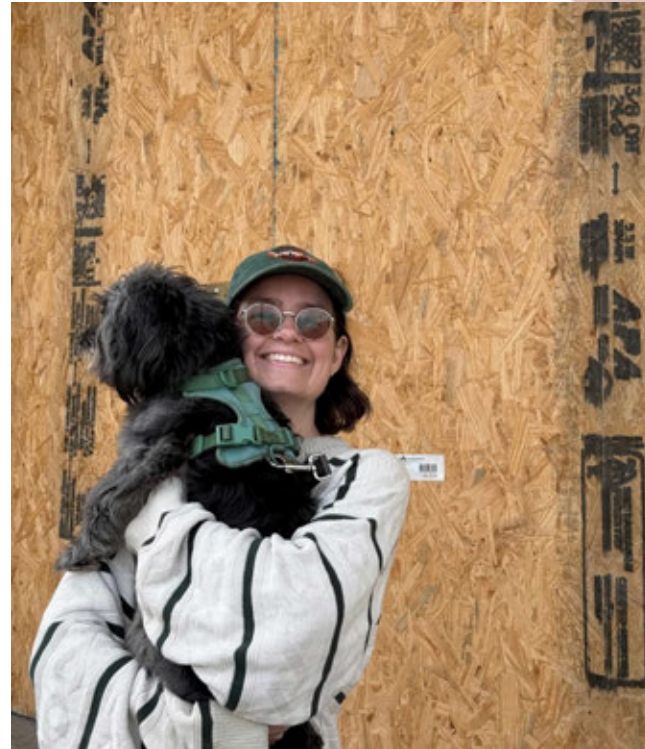
APA – The Engineered Wood Associate



APA's 42,000 square-foot research center

Introduction

- **Structural Engineering Background**
- **Southwest Representative**
 - California
 - Arizona
 - Nevada
 - New Mexico
- **Based in San Diego**



lindsey.kuster@apawood.org



Frame it Right!

Back to Basics for Big Buildings

Course Description:

The demand for commercial and multifamily construction is soaring, and the framing industry is expanding to meet this demand.

APA – The Engineered Wood Association has walked hundreds of job sites and identified the most common wood construction framing errors found in today's nonresidential buildings.

This session examines the consequences of these framing mistakes from the ground up providing practical solutions for avoiding typical issues using APA resources as a guide.

Frame it Right!

Learning Objectives:

- **Identify common pitfalls in the construction of low-rise wood buildings.**
- **Understand how the loads on a nonresidential wood building influence framing and mitigate negative effects of loading.**
- **Understand how engineered wood products (EWP) may be used and how to choose EWP products that meet those needs.**
- **Learn how to navigate technical resources to address the challenges with nonresidential wood buildings framers.**

Agenda

Why is Training Needed?

Building from the ground up

- Wood Strength
- Walls
- Floors
- Roofs
- Special Topics
- **Q&A**



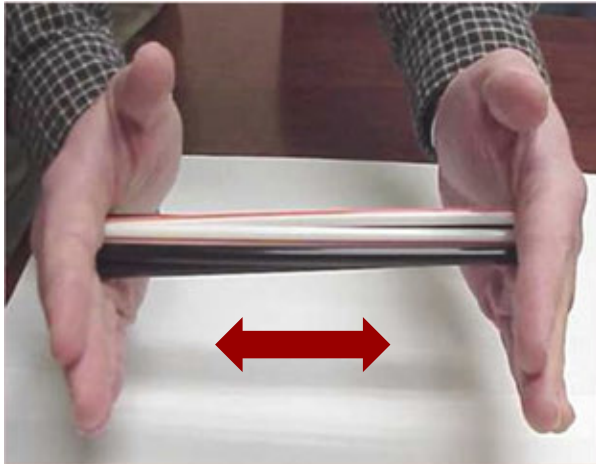
Engineered Wood Products (EWP)



- ✓ **Plywood**
- ✓ **OSB** – Oriented Strand Board
- ✓ **I-joist and Rim Board**
- ✓ **Glulam** – Glued Laminated Timber
- ✓ **LVL** – Laminated Veneer Lumber
- ✓ **LSL** – Laminated Strand Lumber
- ✓ **OSL** – Oriented Strand Lumber
- ✓ **CLT** – Cross Laminated Timber
- ✓ **MPP** – Mass Plywood Panels

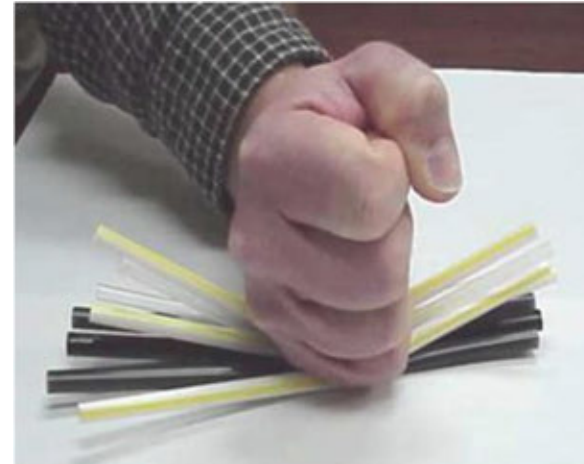
Wood has a Stronger Direction

**Load parallel
to grain**



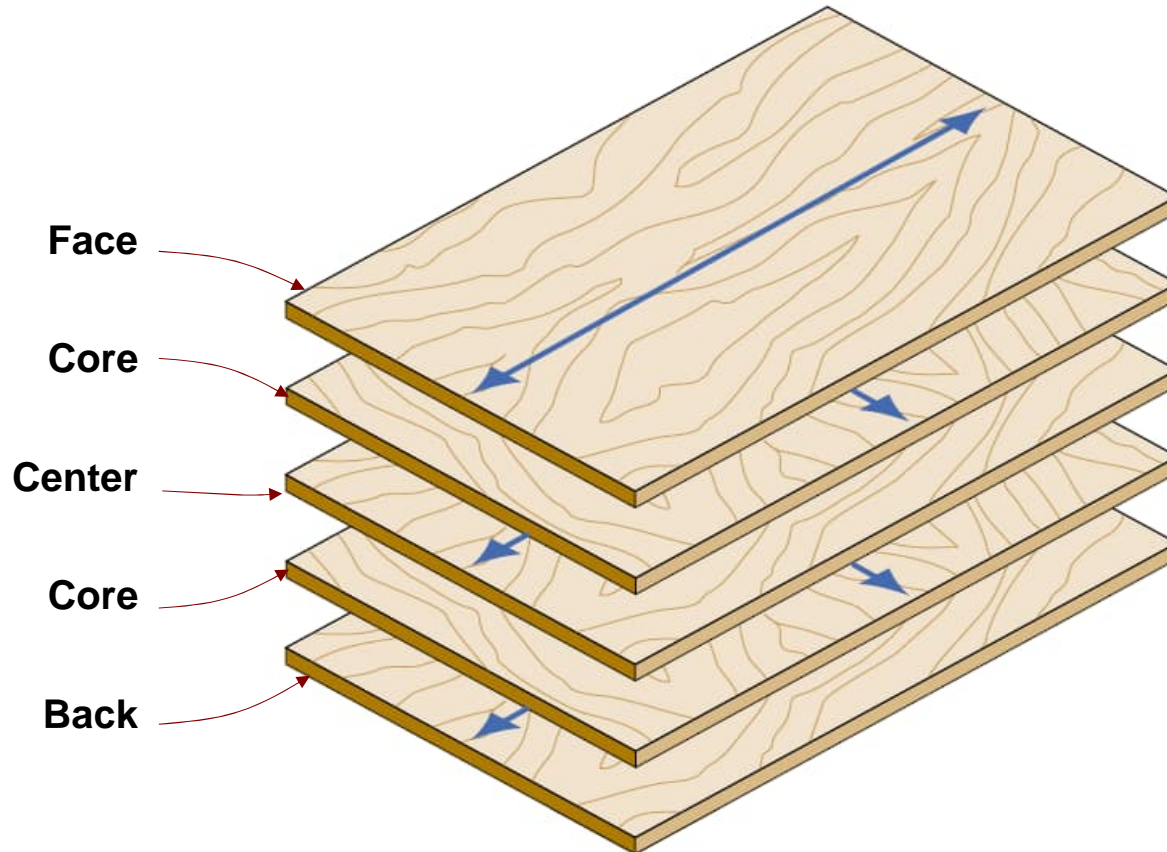
Stronger

**Load perpendicular
to grain**

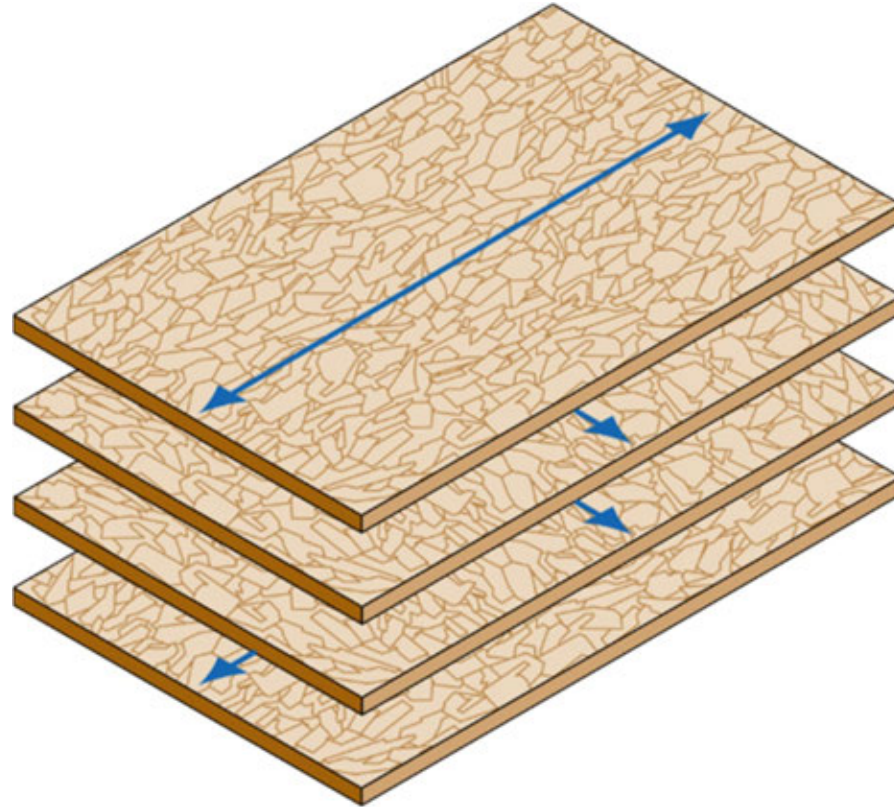


Weaker

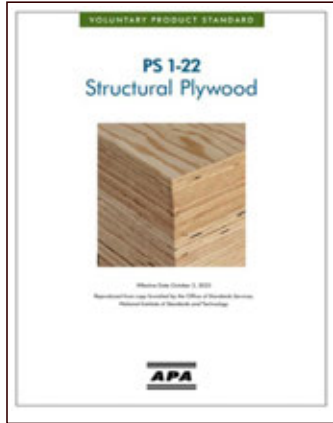
Plywood Layup



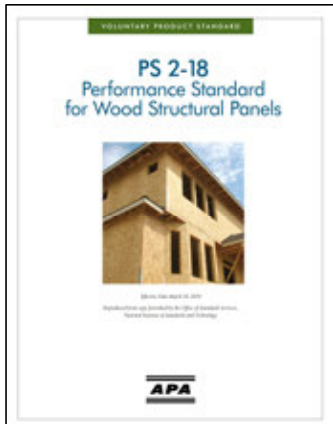
Oriented Strand Board (OSB) Layup



Manufacturing Standards



PS 1: Voluntary Product Standard
PRESCRIPTIVE Standard (*revised 2022*)



PS 2: Voluntary Product Standard
PERFORMANCE Standard (*revised 2019*)

APA Stamp in the Field



APA Panel Certification Marks

APA panel grade

Span rating

(Bond classification)

Exposure 1

Applications where construction delays are expected prior to providing protection, not intended for permanent exposure to the weather



SIZED FOR SPACING

Mill number

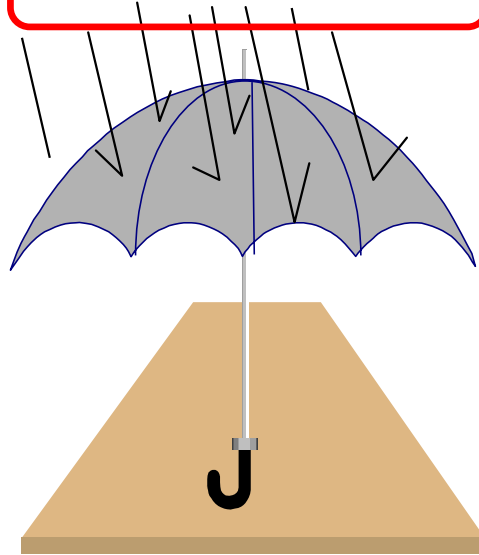
Performance-rated panel standard

Performance category



Bond Classification

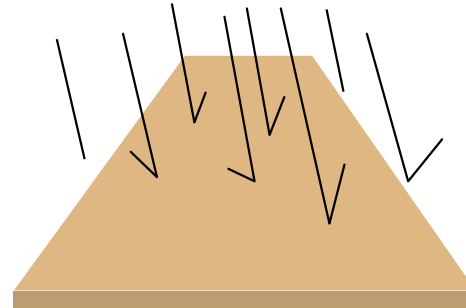
EXPOSURE 1



**Exposure due to
construction delays**

OR

EXTERIOR



**Long term weather
exposure**

APA Panel Certification Marks

Out-of-Date Specifications

- **1/2" CDX – C & D veneers, with exterior glue**
(when panels were made with interior & exterior glue)

Previous Specifications

- **15/32" APA Rated Sheathing, 32/16, Exposure 1**

New Terminology

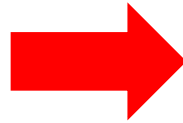
- **15/32 Performance Category, APA Rated Sheathing, 32/16, Exposure 1, Square edge (or T&G)**

<https://www.apawood.org/apa-trademark>

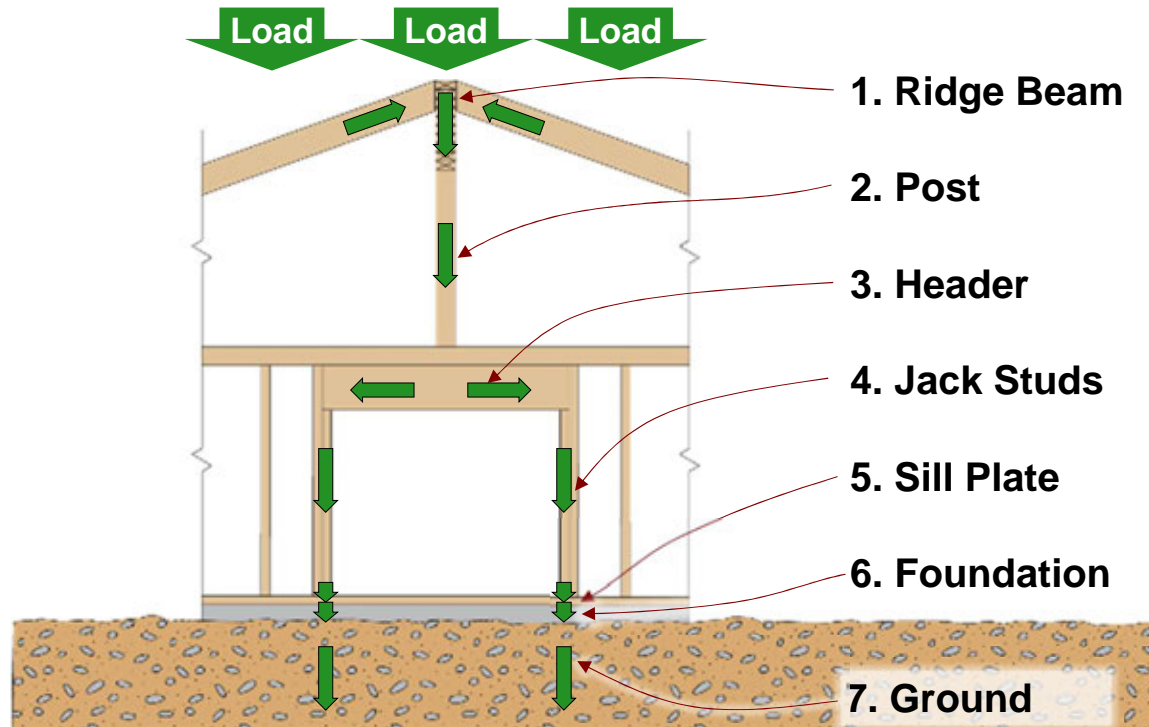


Frame it Right!

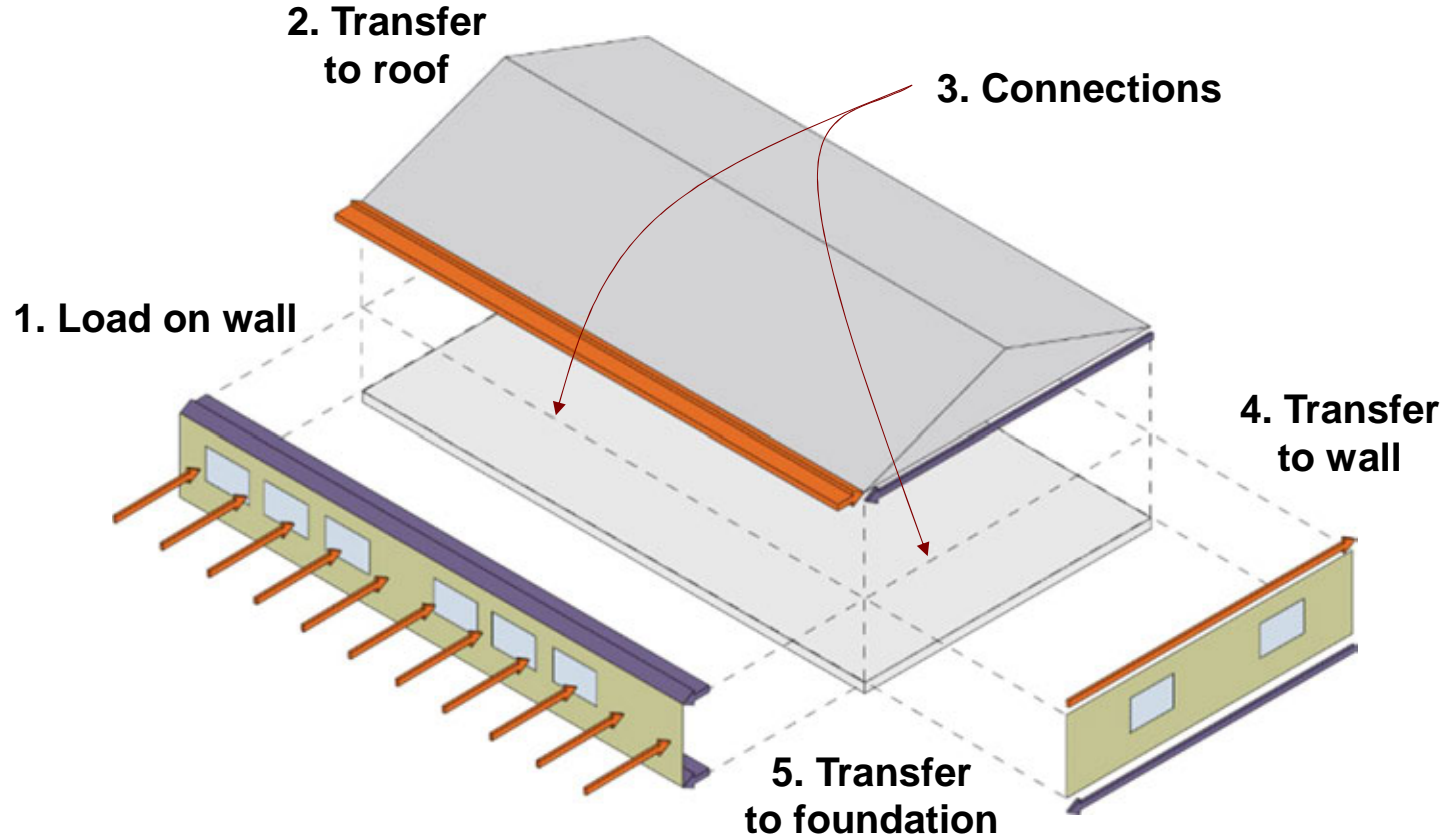
Does this match?



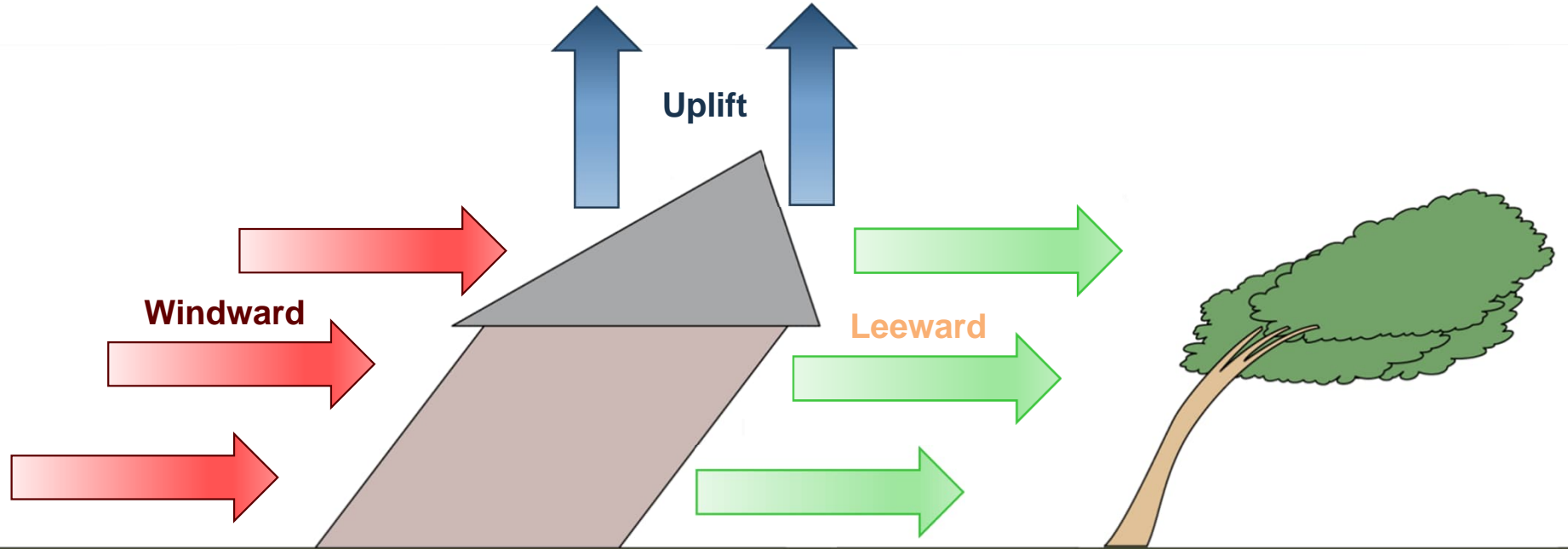
Vertical (Gravity) Load Path



Lateral Load Path



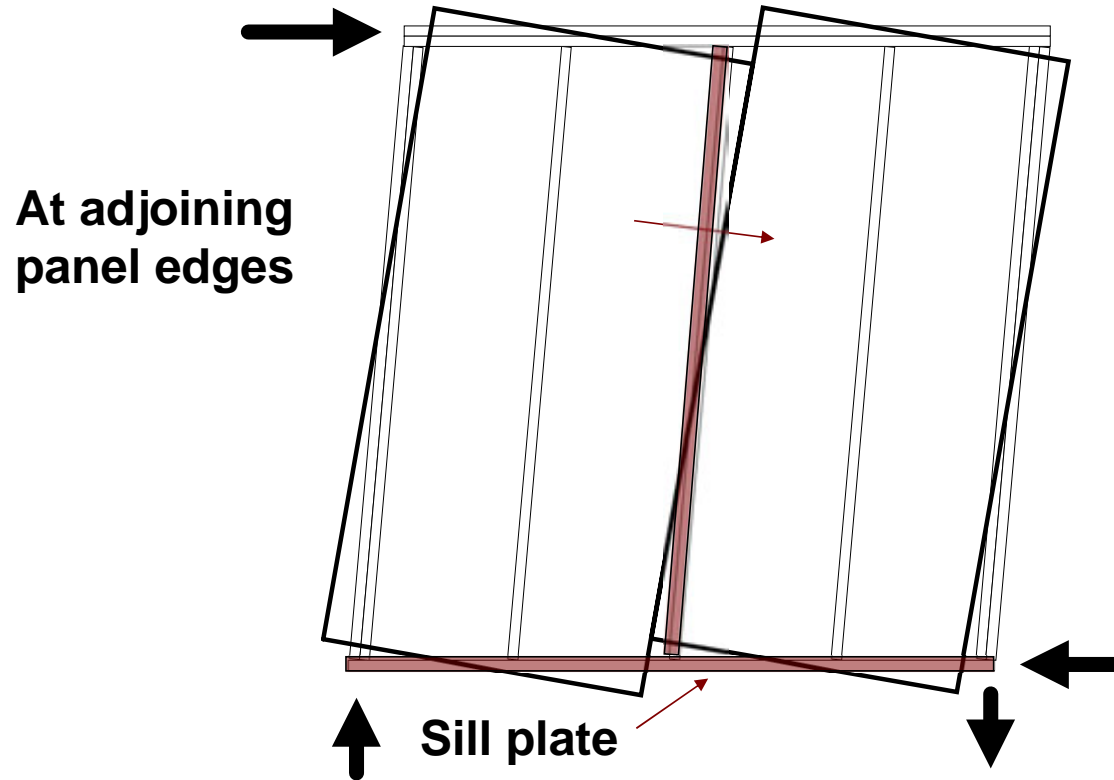
Lateral Load Path



Building From the Ground Up: Walls



Building From the Ground Up: Walls



Lateral Forces

Modes of Failure

Racking



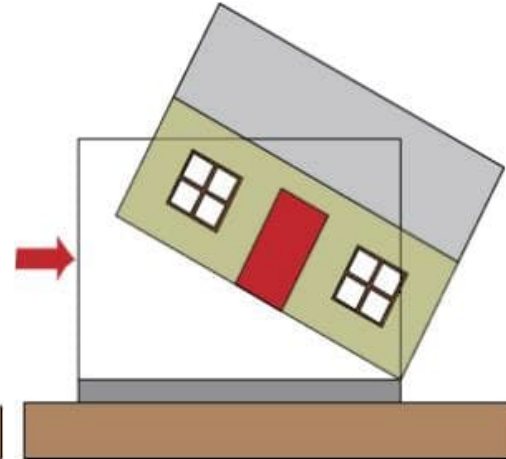
Resisted by Bracing

Sliding



Resisted by Anchors

Overturning



Resisted by Hold-Downs & Dead Load

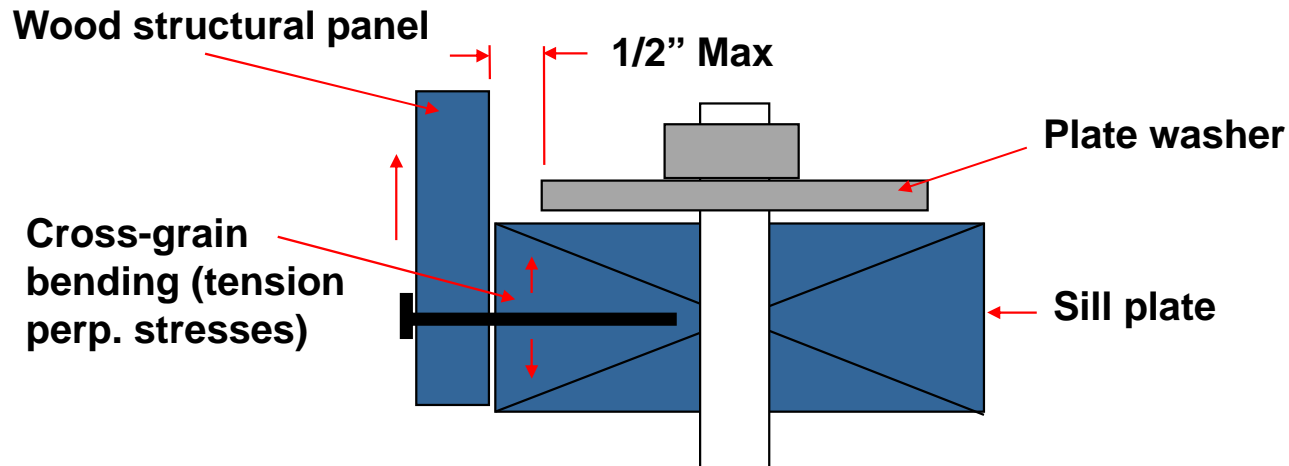
Building From the Ground Up: Walls

Missing washer

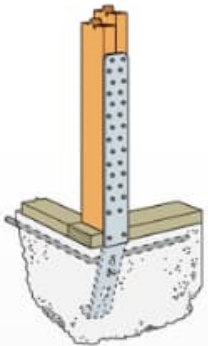


Anchor Bolts

- Size and spacing per engineer.
- Large plate washers (3" x 3" x 0.229") prevent cross-grain bending/splitting of sill plate (required in Seismic Zones D and E, CBC 2308.3.1). APA recommends these for high wind applications.



Building From the Ground Up: Walls



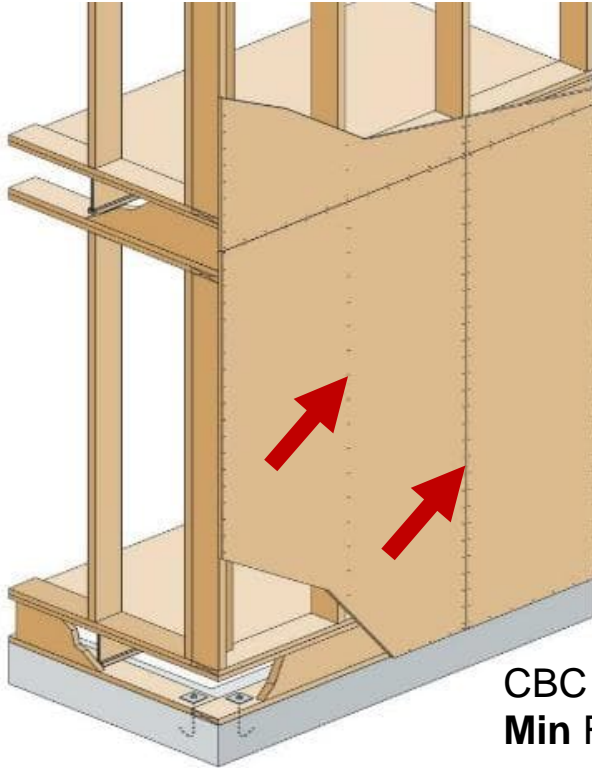
Building From the Ground Up: Walls



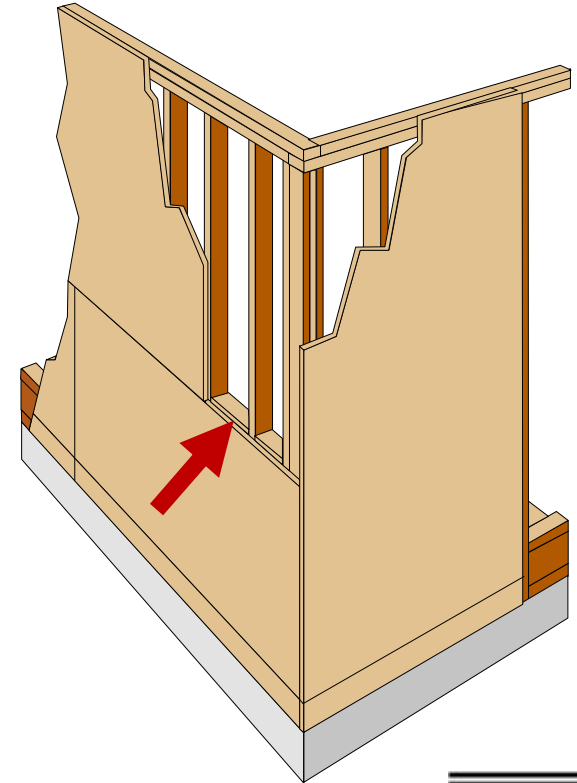
Building From the Ground Up: Walls



Building From the Ground Up: Walls

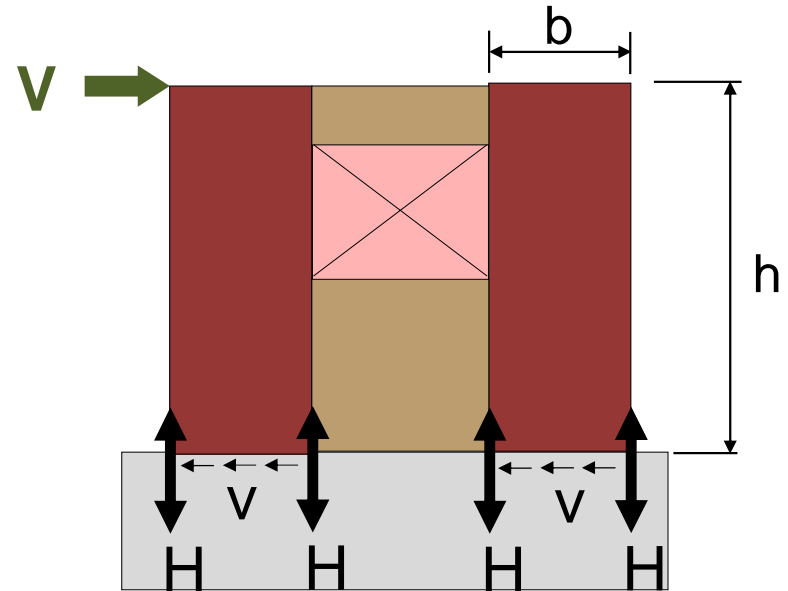


CBC Table 2304.10.2
Min Fastener Requirements

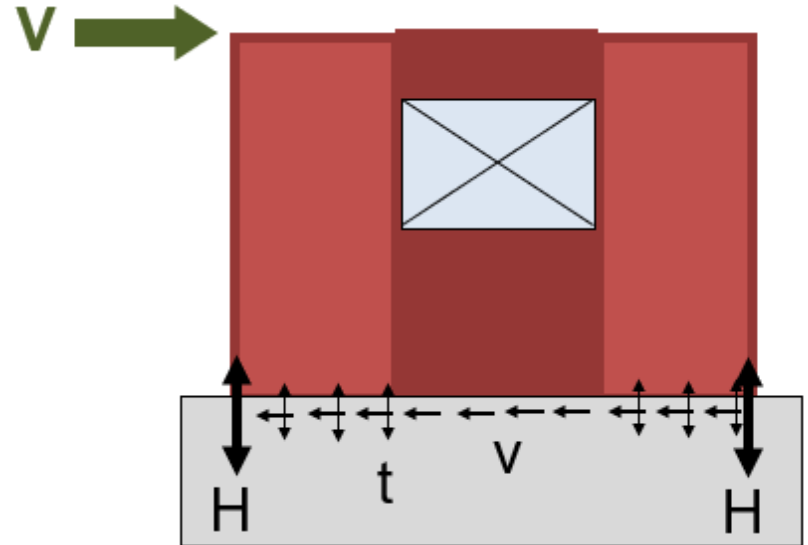


Resource: APA Technical Topics: Plywood or OSB? Used as Intended, the Two Products are Interchangeable, Form TT-047

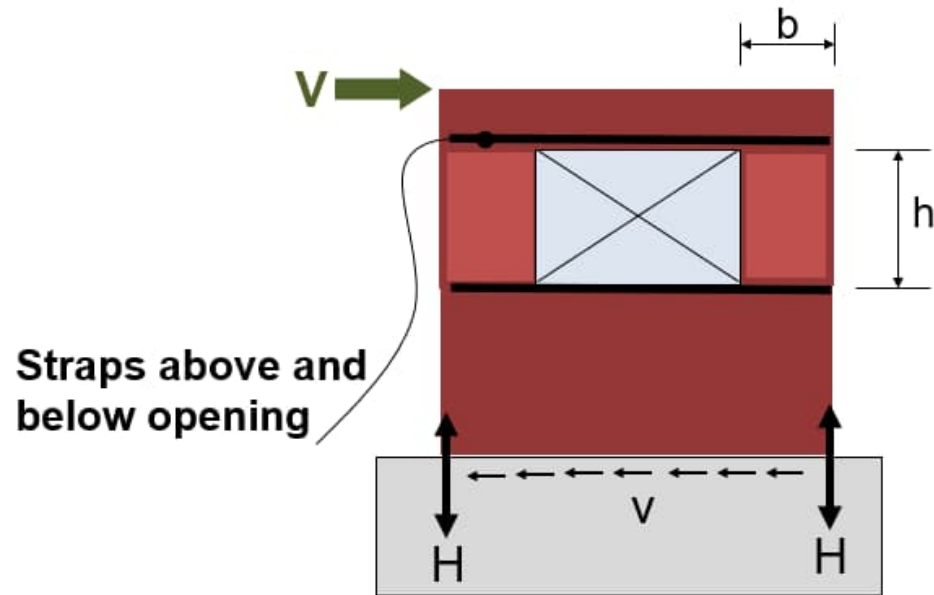
Segmented Shear Walls



Perforated Shear Walls



Force Transfer Around Openings (FTAO) Shear Walls

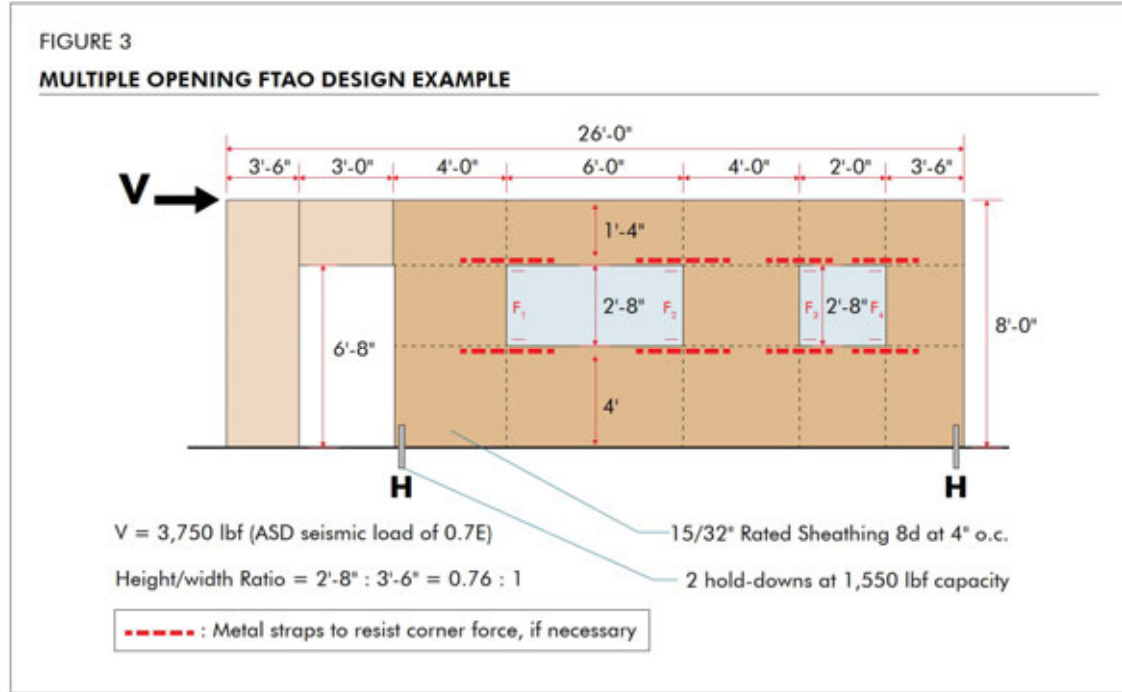


FTAO Technical Note - Form T555

Provides a design example
for FTAO wall with two
window openings

FTAO Calculator: Companion
to Technical Note

www.apawood.org/ftao



APA FTAO Calculator

Excel-based tool released January 2018

Based on design methodology developed by Diekmann

Calculates:

Max hold-down force for uplift resistance

Required horizontal strap force above and below openings

Max shear force for sheathing attachments

Max deflection

**Design example
corresponds with FTAO
Technical Note, Form T555**



APA Force Transfer Around Openings Calculator

This calculator is an Excel-based tool for professional designers that uses FTAO methodology to calculate maximum hold-down force for uplift resistance, the required horizontal strap force for the tension straps above and below openings, the maximum shear force to determine sheathing attachment, and the maximum deflection of the wall system. The calculator includes worksheets for shear walls with openings and a design example.

[DOWNLOAD](#)

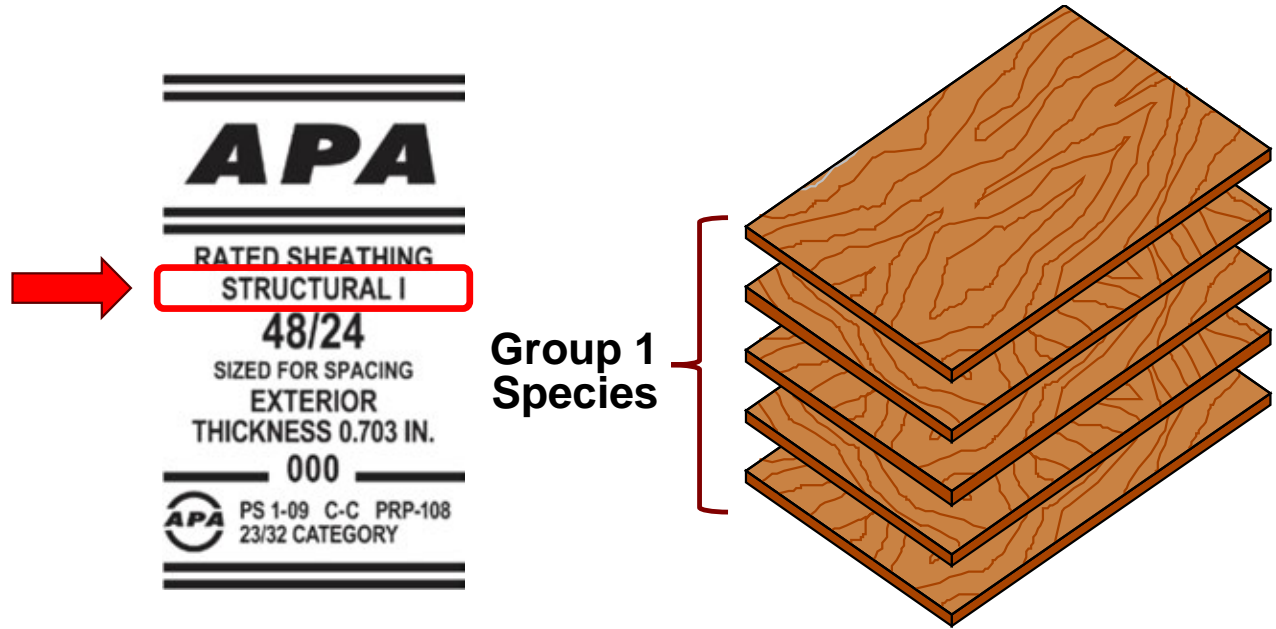
High Load Shear Walls



Rated Sheathing versus **Structural I**

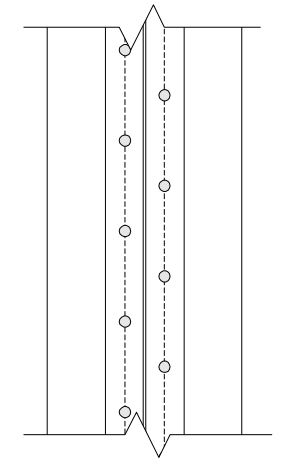
Structural I Panels

- Increased shear capacity
- Increased stiffness, especially across the panel
- Plywood & OSB (performance tested)
- Before specifying, check local availability

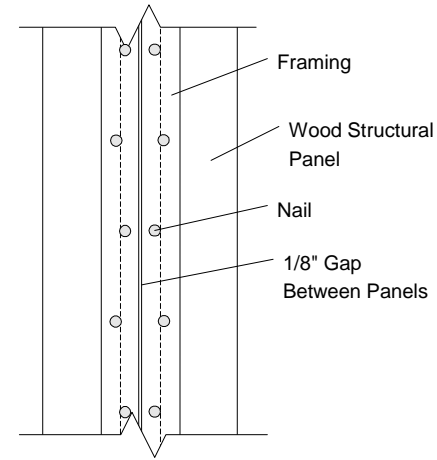


Building From the Ground Up: Walls

Staggered nailing in tightly nailed shear wall helps prevent splitting of framing

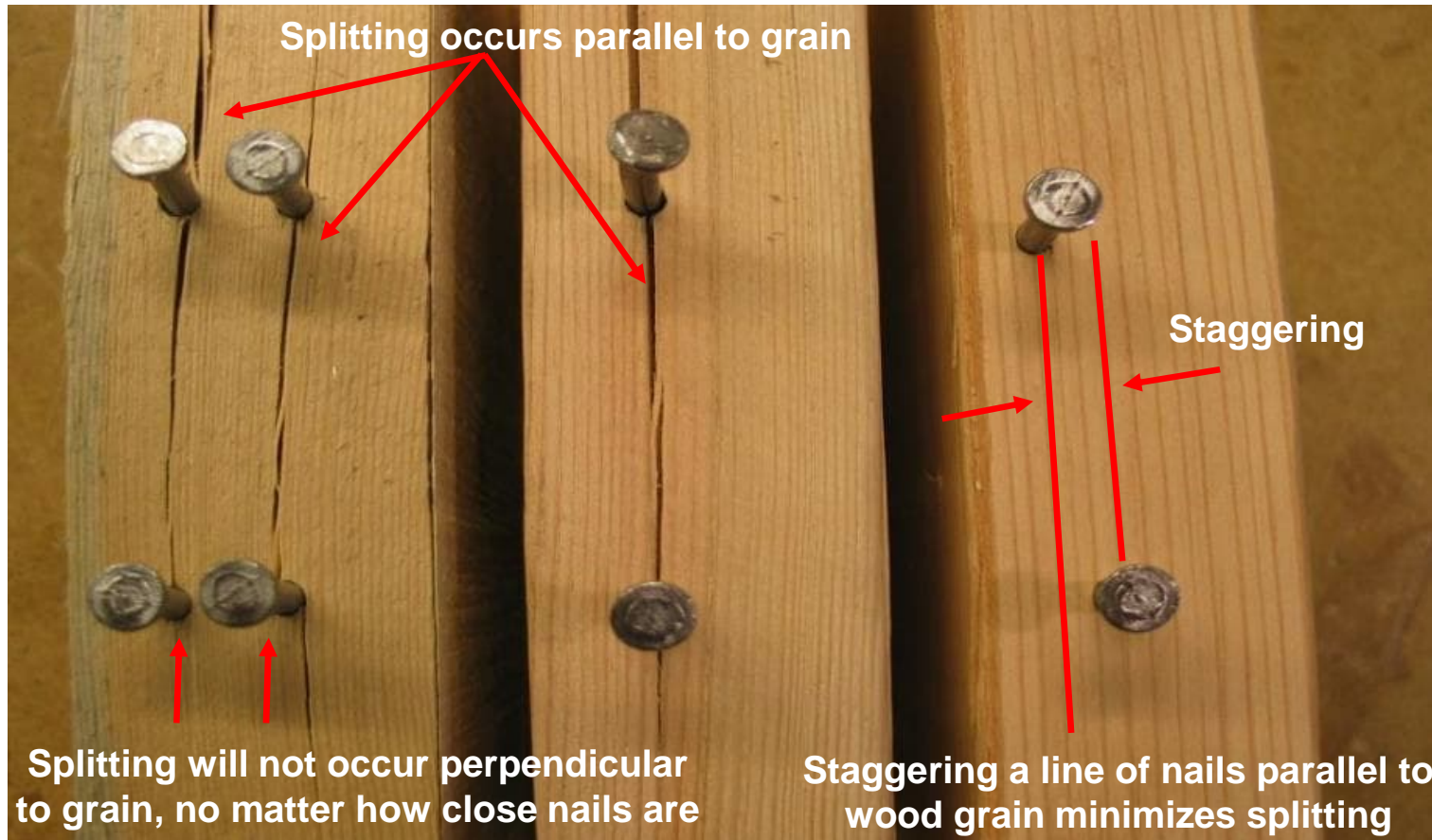


Nailing not staggered



Nailing staggered

Staggered Fastening



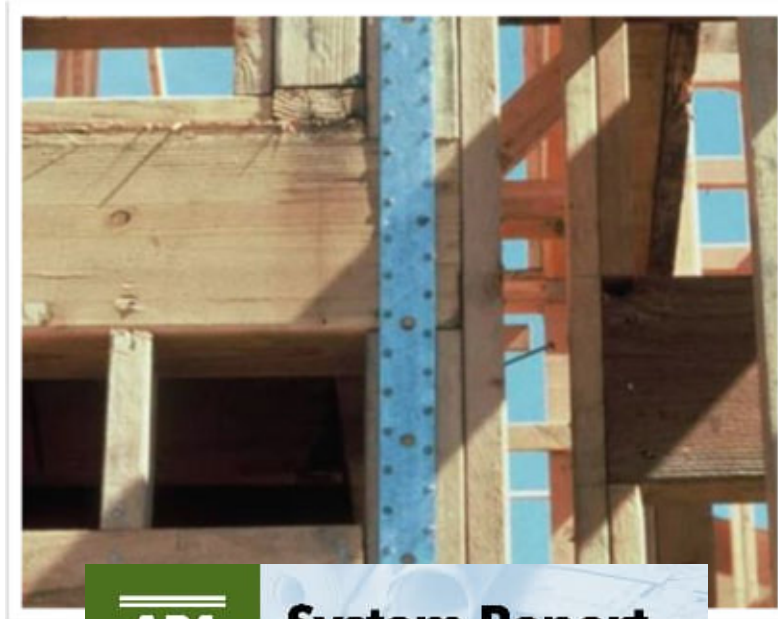
Walls: Floor to Floor Load Transfer



Using Wood Structural Panels for Combined Uplift and Shear Resistance

Number E510A • February 2008

APA Technical Note E510



APA

System Report

SR-101C

FEBRUARY 2015

Design for Combined Shear and Uplift from Wind

APA System Report SR-101



Building From the Ground Up: Walls

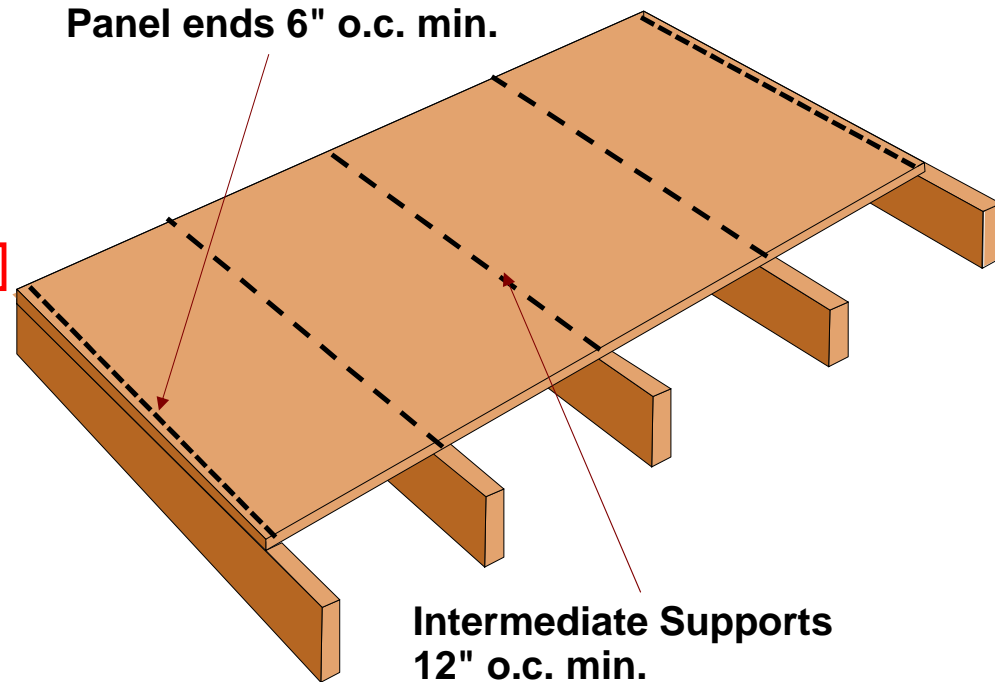
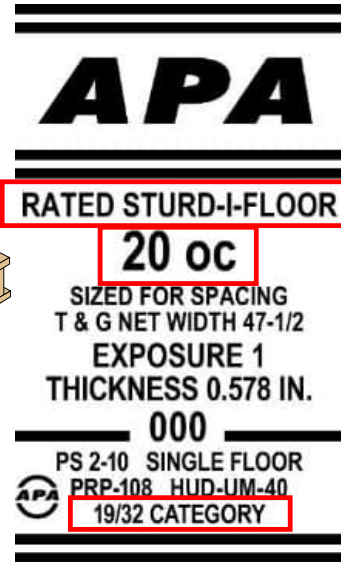
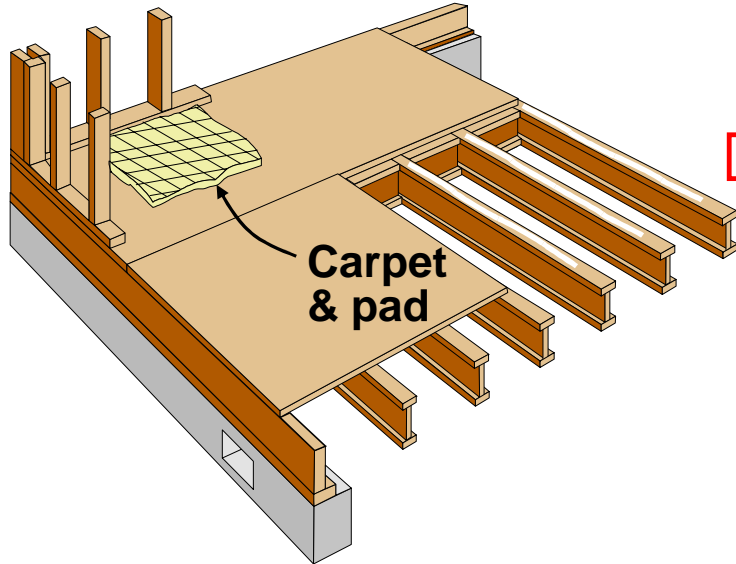
Wall Sheathing
Nail-base sheathing



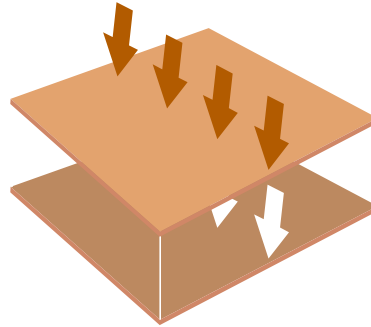
Building From the Ground Up: Floors



Building From the Ground Up: Floors



Building From the Ground Up: Floors



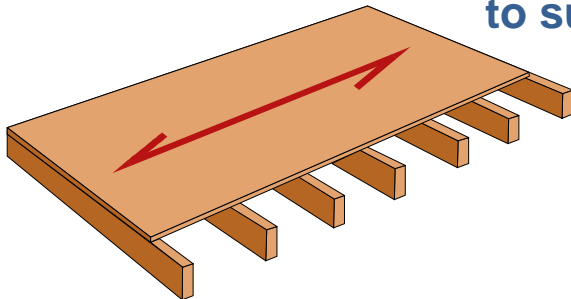
Roof Span $L/240$

30 PSF live
10 PSF dead

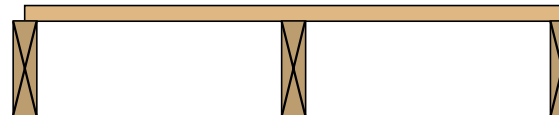
Floor Span $L/360$

100 PSF live
10 PSF dead

**Strength axis perpendicular
to supports**



**Continuous Span
(2 spans or 3 supports min.)**



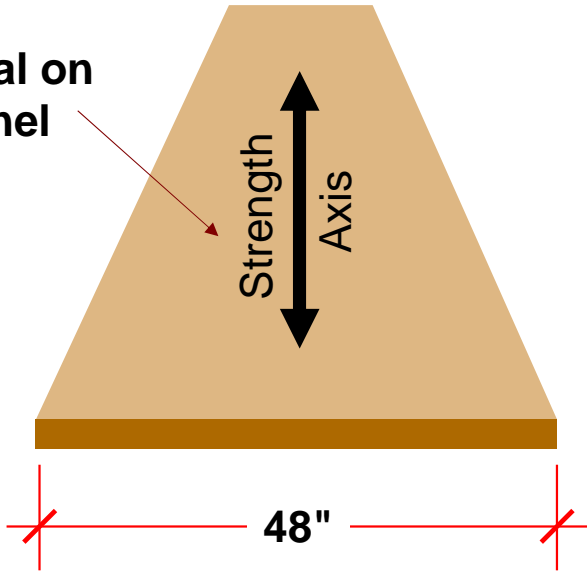
No simple spans



Building From the Ground Up: Floors

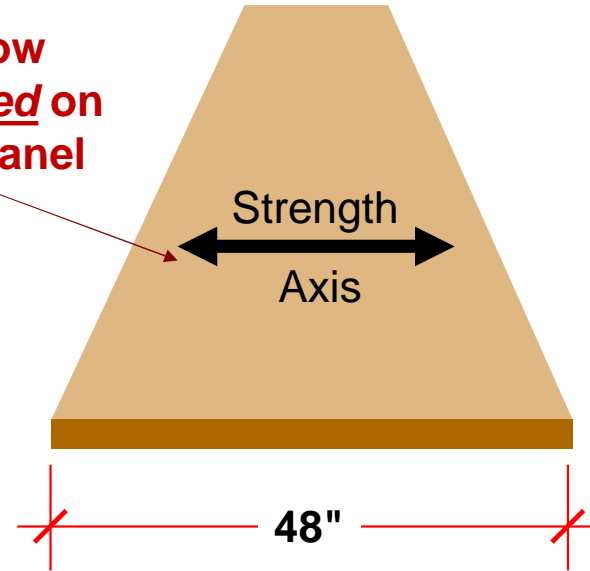
Strength Axis

Arrow
optional on
the panel



Common

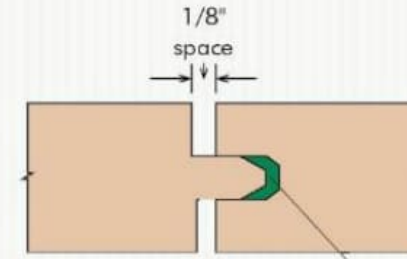
Arrow
required on
this panel



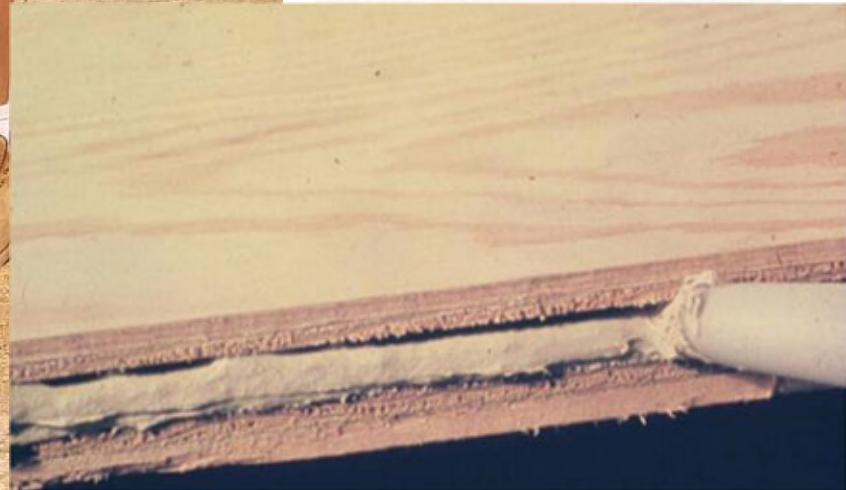
Not Common



RECOMMENDED TONGUE-AND-GROOVE JOINT SPACING



AFG-01 or ASTM D3498 when glued floor system is used



Fully Fasten with Clamping Force



Resource: Subfloor Preparation to Receive Finished Flooring, Form V440



Building From the Ground Up: Floors

Nail installation

Overdriving reduces performance APA recommends adding one for every two overdriven



Overdriven Nails

To Maintain Shear Capacity (APA Technical Topic TT-012)

| Overdriven Fasteners | Overdriven Distance | Action |
|-----------------------|---------------------|-----------------------------------|
| $\leq 20\%$ Perimeter | $< 1/8"$ | None |
| $> 20\%$ Perimeter | $> 1/16"$ | Add 1 nail for every 2 overdriven |
| Any | $> 1/8"$ | Add 1 nail for every 2 overdriven |

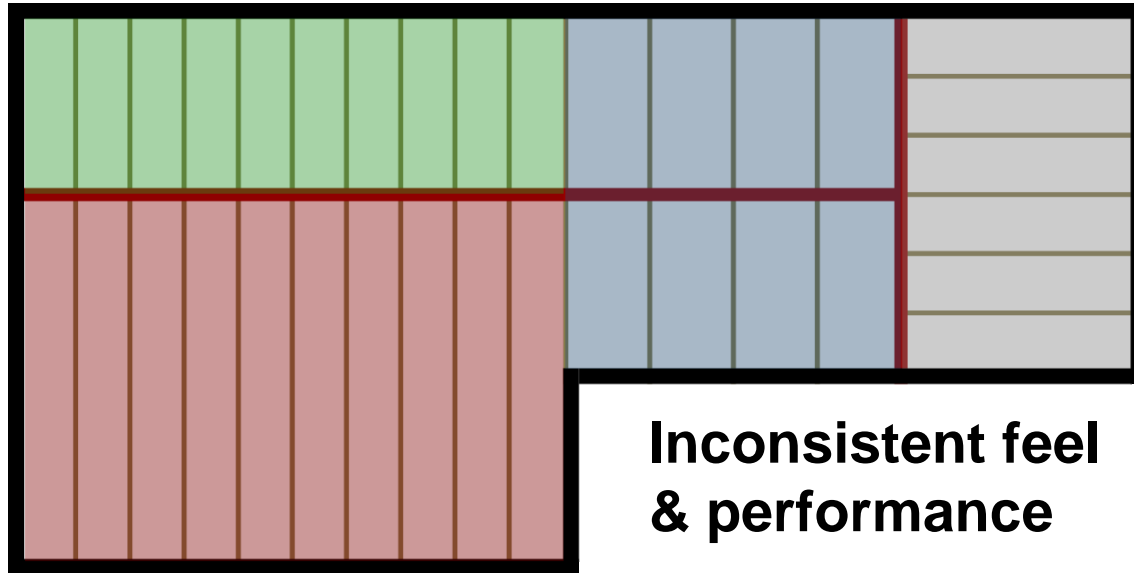


Building From the Ground Up: Floors



Floor Joist Layout — Consistency Counts

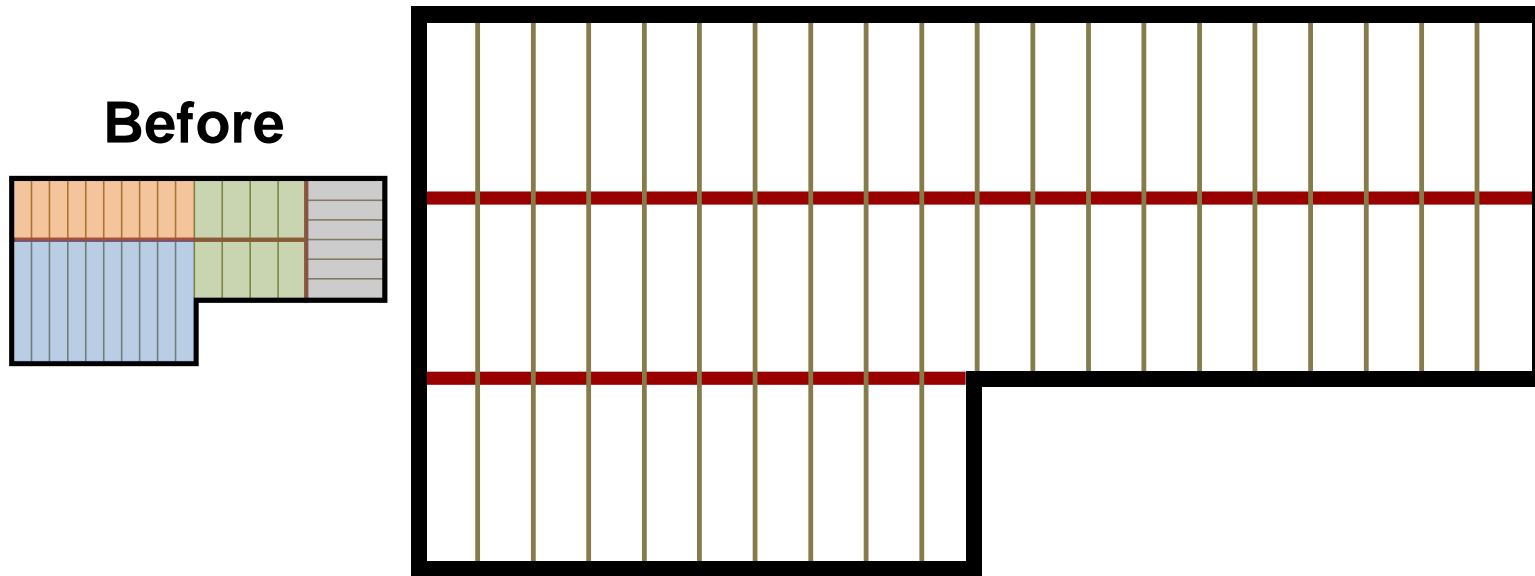
Inconsistent spacing & span



**Inconsistent feel
& performance**

Floor Joist Layout — Consistency Counts

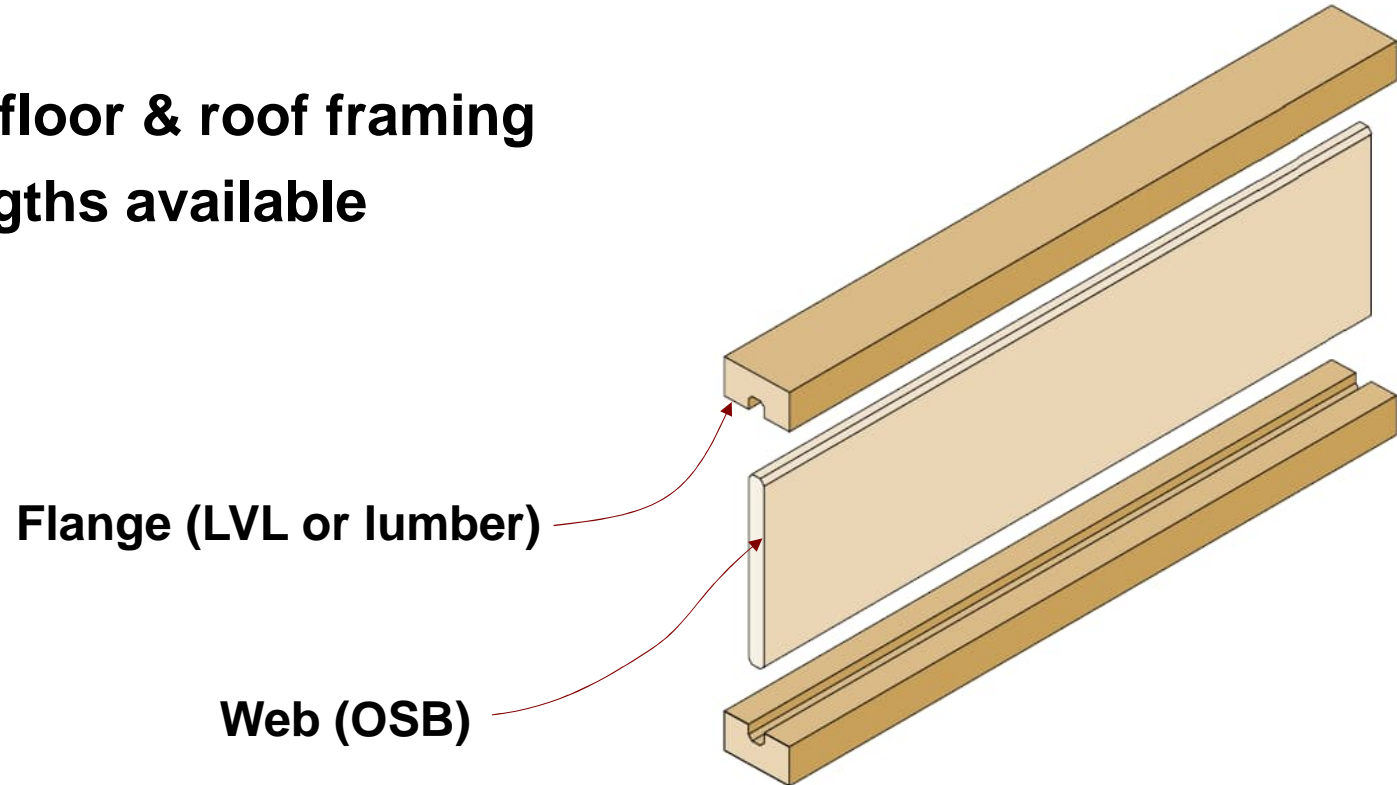
Consistent Spacing & Span



Use Wood's Strength Direction

I-joist

- Used for floor & roof framing
- Long lengths available



Sustainability

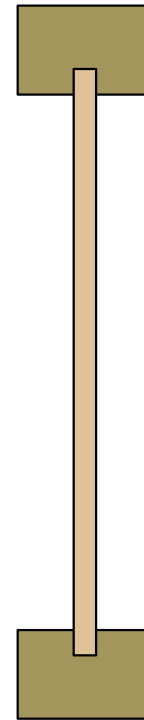
I-joist vs. Lumber

Both at 16" o.c.

- 36% less wood fiber

I-joist at 19.2" o.c & Lumber at 16" o.c.

- 46% less wood fiber



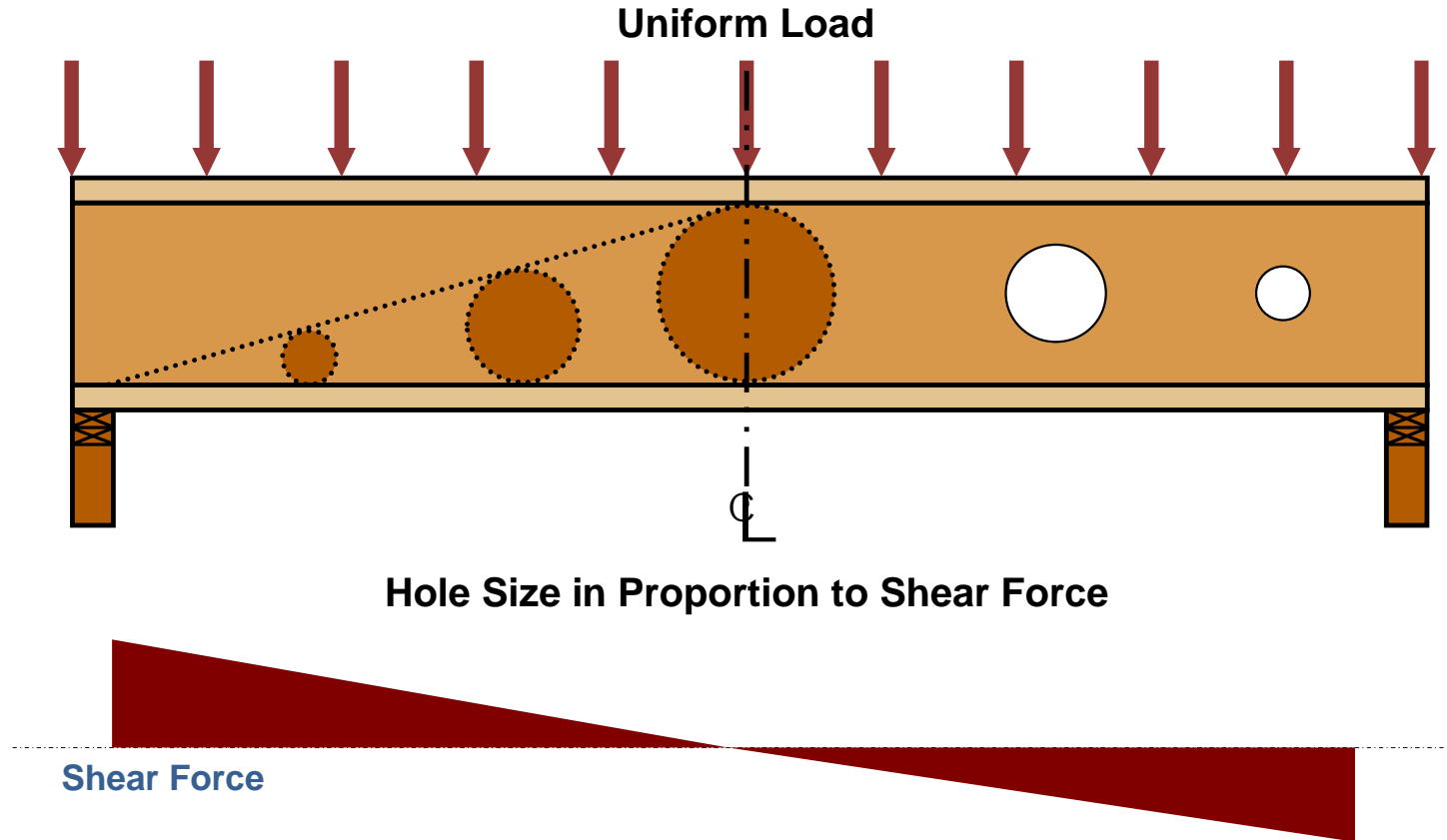
I-joist

VS.

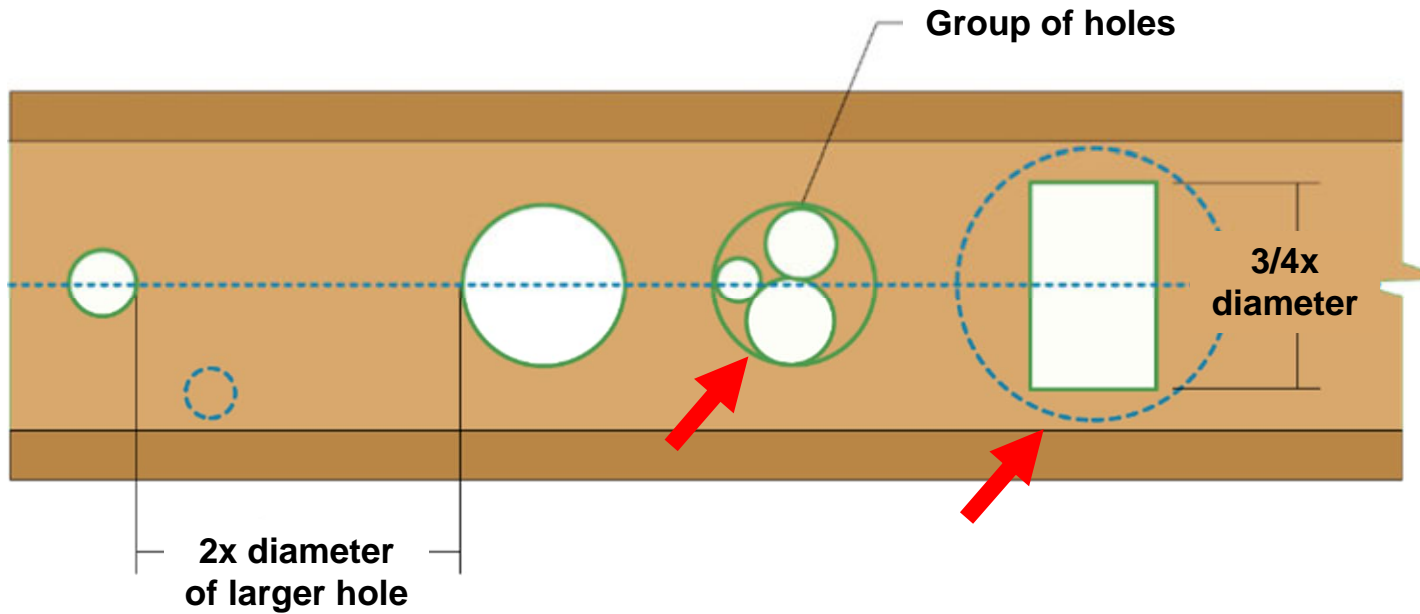


Lumber

Building From the Ground Up: Floors



Building From the Ground Up: Floors



Check with the I-joist manufacturer's guidelines for holes

I-Joist “Knockouts”





Building From the Ground Up: Floors

Laminated Veneer Lumber (LVL)



Building From the Ground Up: Floors

Laminated Strand Lumber (LSL)



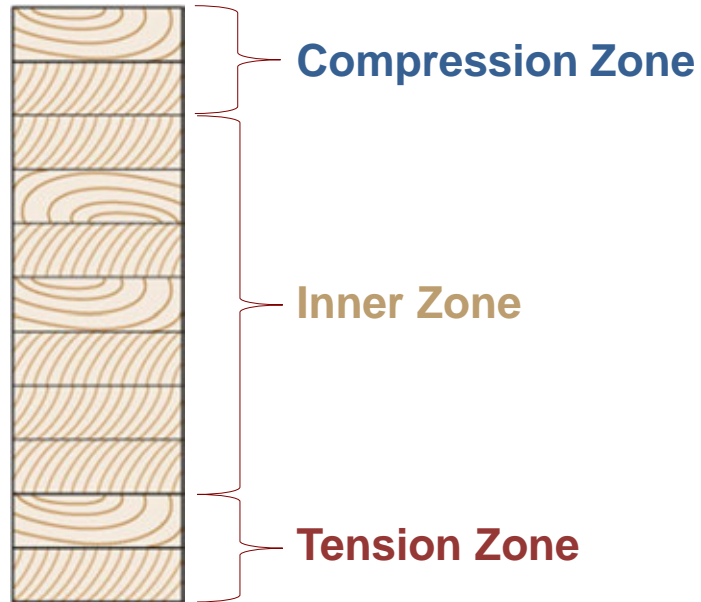
Building From the Ground Up: Floors

Glued Laminated Timber Beams (Glulam)



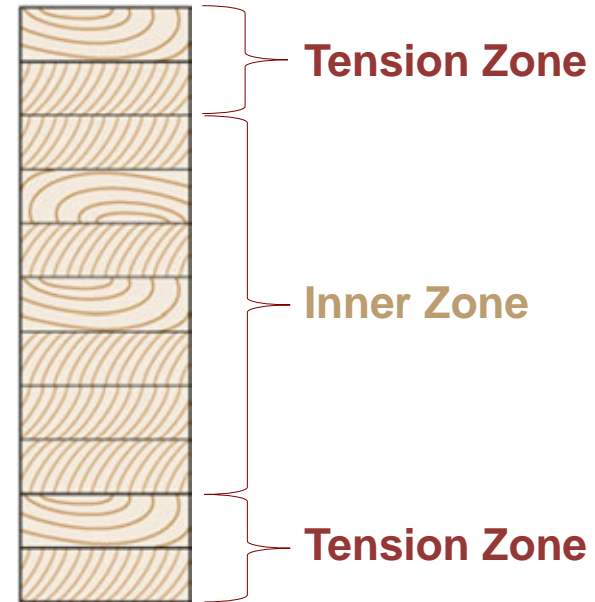
Balanced and Unbalanced Glulam

Unbalanced Beam



24F-V4 Layup

Balanced Beam



24F-V8 Layup

Caution when using Unbalanced Glulams

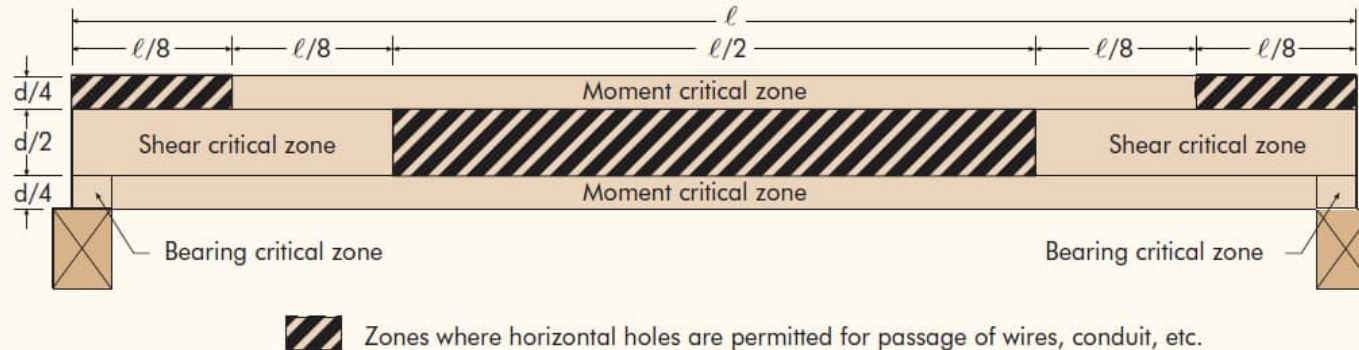


Building From the Ground Up: Floors

APA Tech Note: Field Notching and Drilling Glulam, Form S560

FIGURE 3

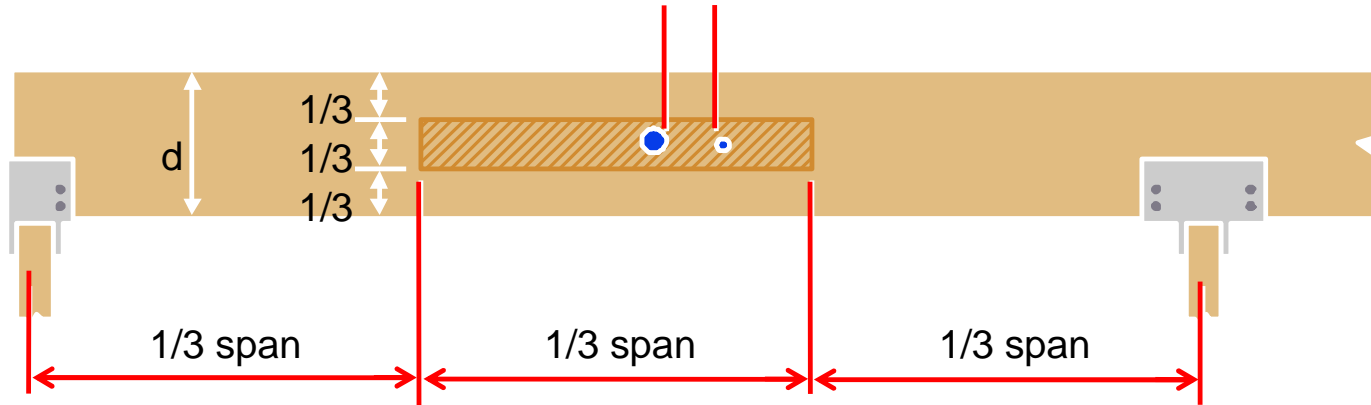
ZONES WHERE SMALL HORIZONTAL HOLES ARE PERMITTED IN A UNIFORMLY LOADED, SIMPLY SUPPORTED BEAM



Building From the Ground Up: Floors

APA Tech Note: Field Notching and Drilling LVL, Form G535

Minimum amount of spacing = 2 x diameter of the largest hole



 Zone where holes are permitted for passage of wires, conduits, etc.

No holes greater than 2" in diameter. No more than 3 holes per span.

Check with LVL manufacturer's guidelines for holes

Building From the Ground Up: Floors

APA Tech Notes: Effect of Large Diameter Horizontal Holes on Properties of LVL and Glulam Beams, Forms V900 and V700



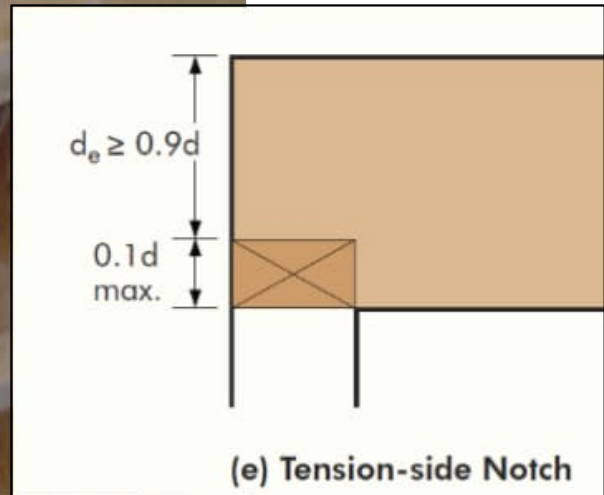
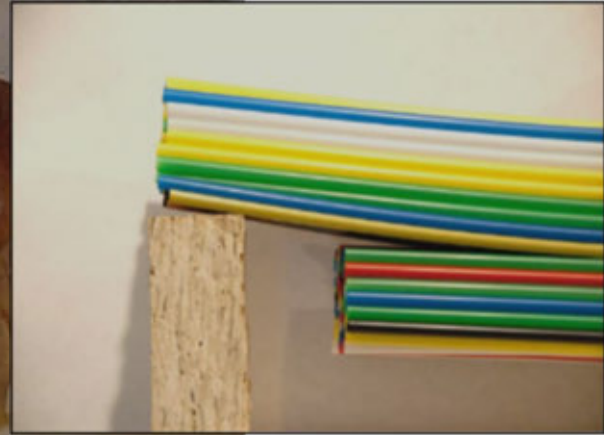
TECHNICAL NOTE

Effect of Large Diameter Horizontal Holes on the Bending and Shear Properties of Laminated Veneer Lumber



TECHNICAL NOTE

Effect of Large Diameter Horizontal Holes on the Bending and Shear Properties of Structural Glued Laminated Timber

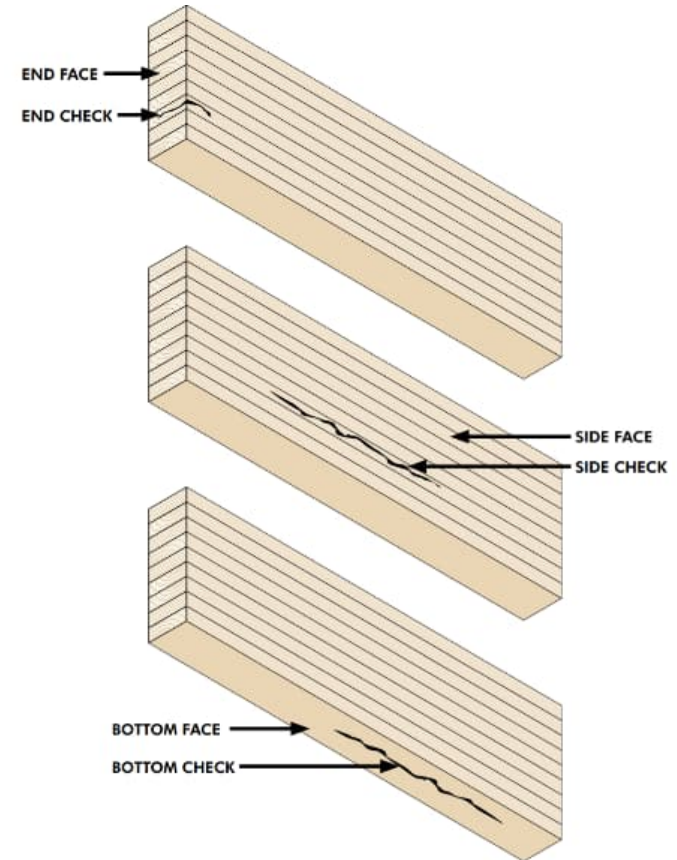


Building From the Ground Up: Floors



Building From the Ground Up: Floors

Seasoning checks in glulams



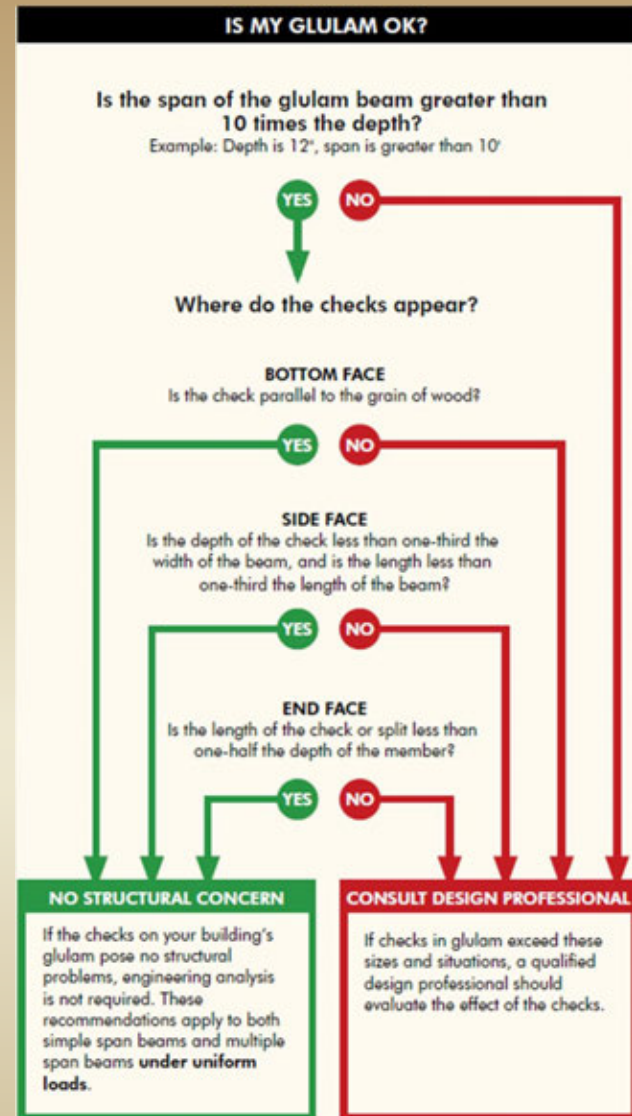
Wood Properties



Checking Evaluation

- Guidelines established for what size checks are okay without an engineering analysis
- Published in Owner's Guide to Understanding Checks in Glued Laminated Timber, Form F450

Also see **APA Technical Note: Evaluation of Check Size in Glued Laminated Timber Beams, Form R475**

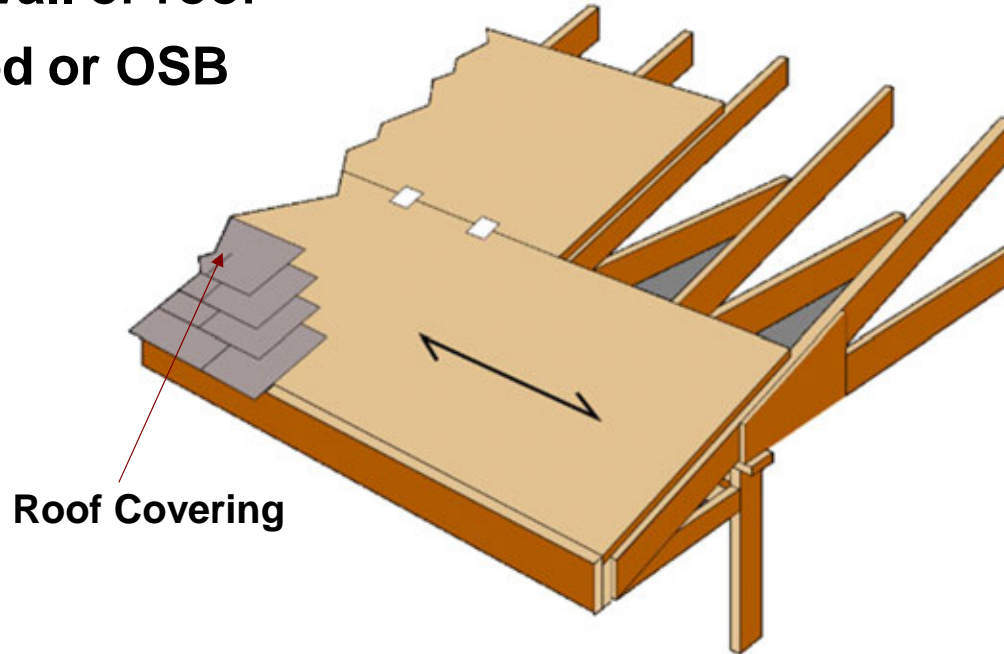


Building From the Ground Up: Roof

Rated Sheathing

Floor, wall or roof

Plywood or OSB



Roof Covering



Building From the Ground Up: Roof

APA Engineered Wood Construction Guide, Form E30, Table 34

TABLE 34

RECOMMENDED UNIFORM ROOF LIVE LOADS FOR APA RATED SHEATHING^a AND
APA RATED STURD-I-FLOOR WITH STRENGTH AXIS PERPENDICULAR TO SUPPORTS^b

| Panel Span Rating | Minimum Panel Performance Category | Maximum Span (in.) | | Allowable Live Loads (psf) ^d | | | | | | | |
|----------------------------------|---|--------------------------------------|----------------------------|--|-----|-----|-----|-----|-----|----|----|
| | | With Edge Support ^c | Without Edge Support | Spacing of Supports Center-to-Center (in.) | | | | | | | |
| | | | | 12 | 16 | 20 | 24 | 32 | 40 | 48 | 60 |
| APA RATED SHEATHING ^a | | | | | | | | | | | |
| 12/0 | 3/8 | 12 | 12 | 30 | | | | | | | |
| 16/0 | 3/8 | 16 | 16 | 70 | 30 | | | | | | |
| 20/0 | 3/8 | 19.2 | 19.2 | 120 | 50 | 30 | | | | | |
| 24/0 | 3/8 | 24 | 19.2* | 190 | 100 | 60 | 30 | | | | |
| 24/16 | 7/16 | 24 | 24 | 190 | 100 | 65 | 40 | | | | |
| 32/16 | 15/32 | 32 | 28 | 300 | 165 | 110 | 65 | 30 | | | |
| 40/20 | 19/32 | 40 | 32 | — | 275 | 195 | 120 | 60 | 30 | | |
| 48/24 | 23/32 | 48 | 36 | — | — | 270 | 175 | 95 | 45 | 30 | |
| 60/32 ^f | 7/8 | 60 | 40 | — | — | — | 305 | 165 | 100 | 70 | 35 |
| 60/48 ^f | 1-1/8 | 60 | 48 | — | — | — | 305 | 165 | 100 | 70 | 35 |

Building From the Ground Up: Roof

APA Engineered Wood Construction Guide, Form E30, Table 37

TABLE 37

RECOMMENDED ROOF LOADS (PSF) FOR APA RATED SHEATHING WITH
STRENGTH AXIS PARALLEL TO SUPPORTS^{a,b} (OSB and 5-ply/5-layer plywood panels unless otherwise noted)

| Panel Grade | Panel Performance Category | Span Rating | Maximum Span (in.) | Load at Maximum Span | |
|-------------------------------------|----------------------------|-------------|--------------------|----------------------|------------------|
| | | | | Live | Total |
| APA STRUCTURAL I RATED SHEATHING | 7/16 | 24/16 | 24 ^c | 15 | 25 |
| | 15/32, 1/2 | 32/16 | 24 | 30 ^d | 40 ^d |
| | 19/32, 5/8 | 40/20 | 24 | 70 ^e | 80 ^e |
| | 23/32, 3/4 | 48/24 | 24 | 105 ^f | 115 ^f |
| APA RATED SHEATHING | 7/16 | 24/16 | 16 | 35 | 45 |
| | 15/32, 1/2 | 32/16 | 24 ^c | 15 ^g | 25 ^g |
| | 19/32, 5/8 | 40/20 | 24 | 40 ^h | 50 ^h |
| | 23/32, 3/4 | 48/24 | 24 | 70 ^e | 80 ^e |

a. For guaranteed or warranted roofs, contact membrane manufacturer for acceptable deck.

b. Provide edge support.

c. Solid blocking recommended at panel ends for 24-inch span.

d. For 4-ply plywood, reduce load by 10 psf.

e. For 4-ply plywood, reduce load by 30 psf.

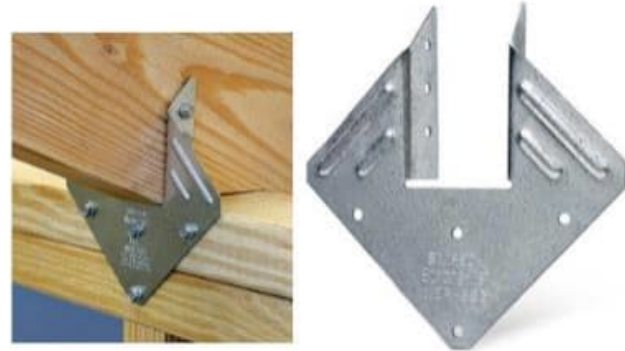
f. For 4-ply plywood, reduce load by 45 psf.

g. For 4-ply plywood, reduce load by 5 psf.

h. For 4-ply plywood, reduce load by 15 psf.

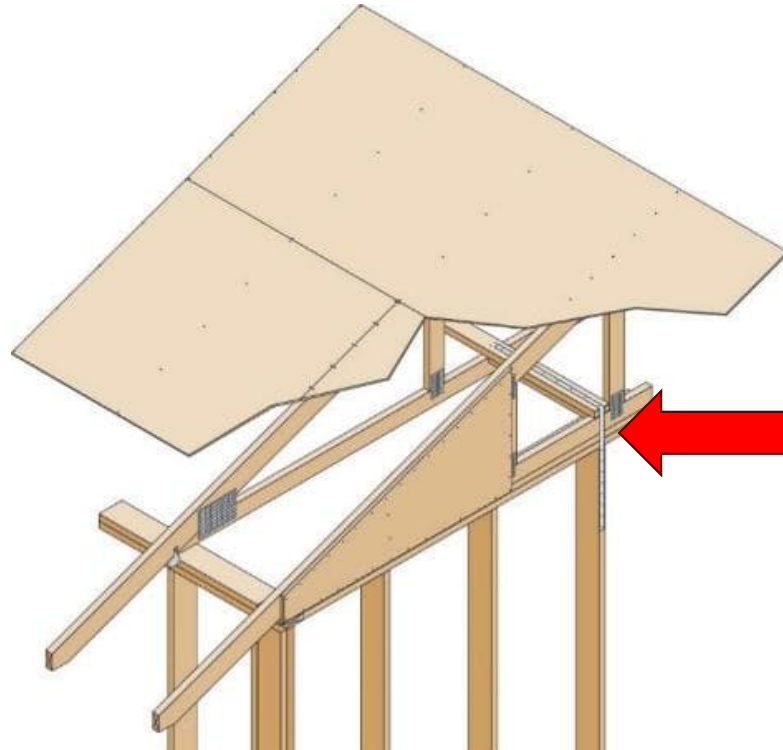
Building From the Ground Up: Roof

3-dimensional metal connectors



Building From the Ground Up: Roof

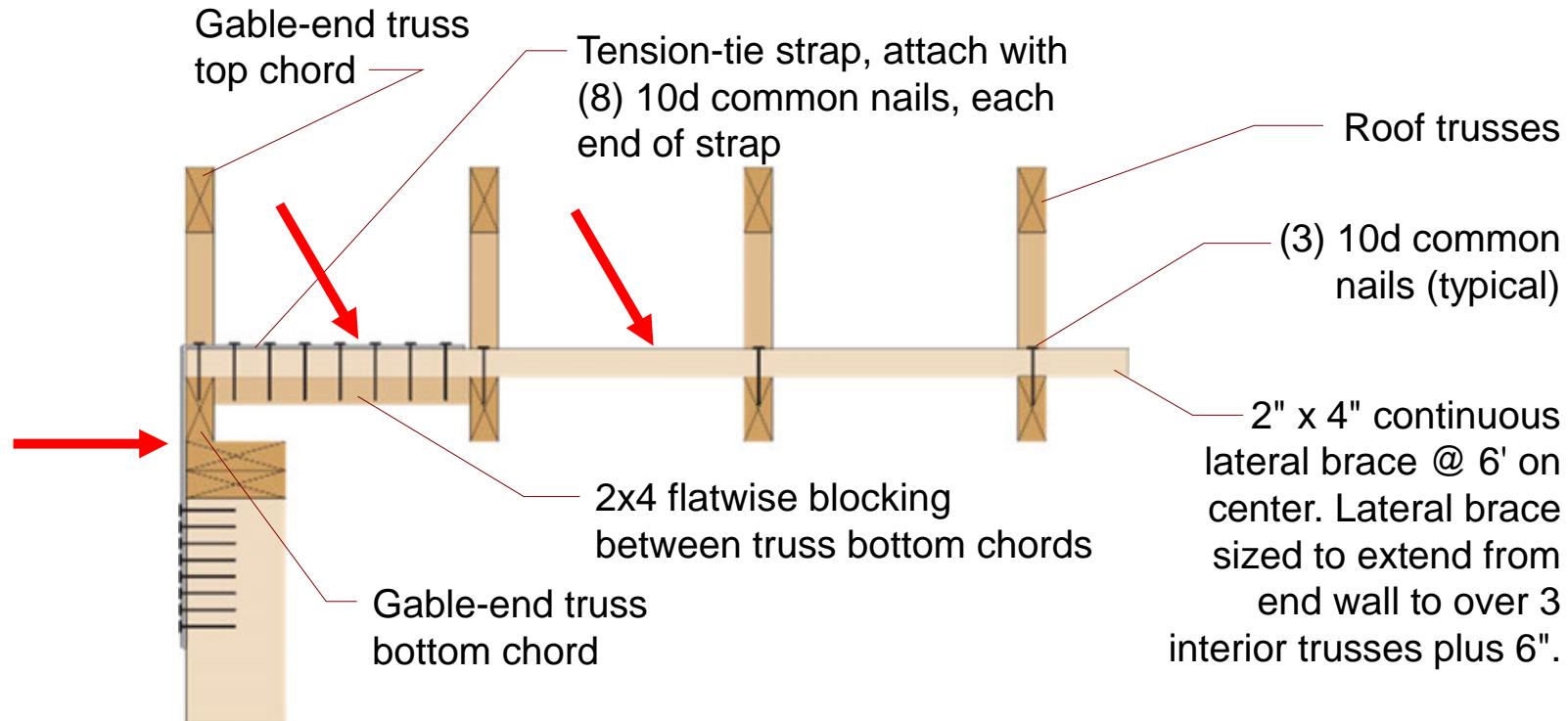
Gable ends



Studs-to-Floor/Roof

LATERAL LOAD

Tie gable-end walls back to the structure

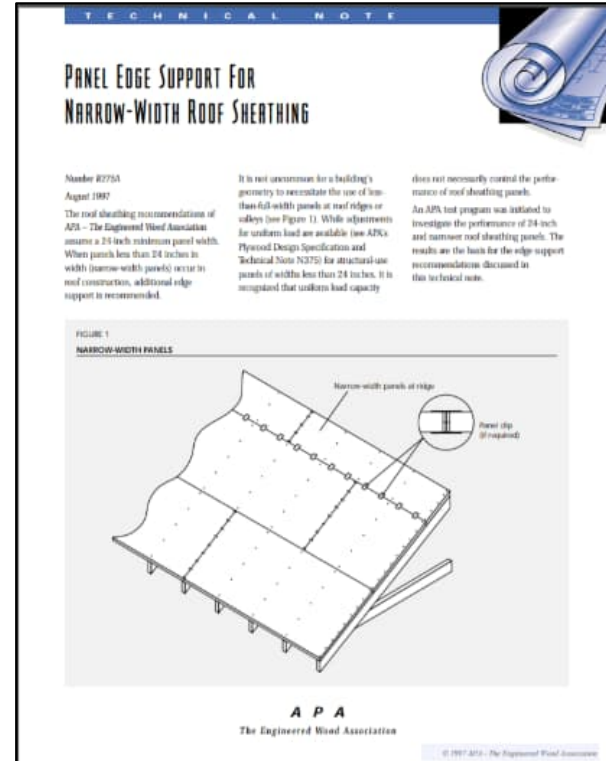


Narrow Width Roof Sheathing

Narrow Roof Sheathing

- **If WSP* is 16" to 24"**
2 clips at lower edge acceptable
Lumber block lower edge
- **If WSP is 12" to 16"**
Lumber block lower edge
- **If WSP is less than 12"**
Lumber block upper and lower edges

*"WSP" = wood structural panel (plywood or OSB)



APA Technical Note Form R275



Building From the Ground Up: Special Topics

Special topics

- On-site moisture management
- Panel Expansion
- Panel Shrinkage



Building From the Ground Up: Special Topics



Prevent Moisture Intrusion in Subfloors

Drying of Subfloor



Fans

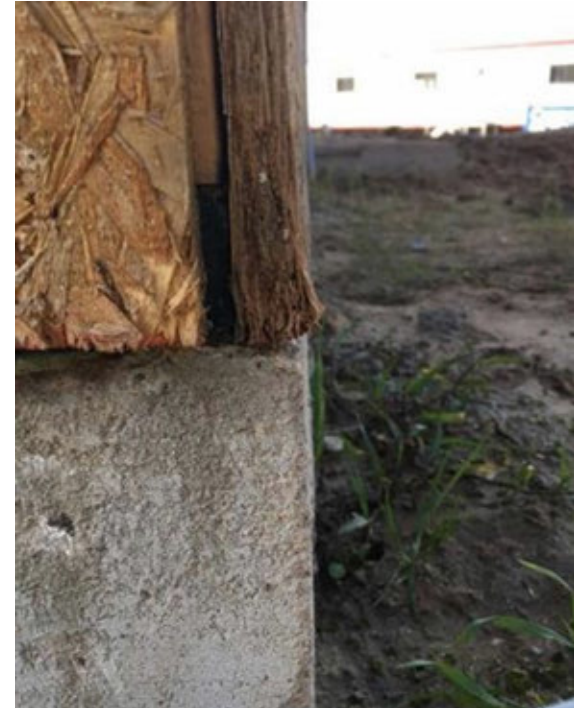


Dehumidification

Building From the Ground Up: Special Topics

Capillary Action

- Is the product touching the foundation rated for concrete contact?
- What are the long-term consequences?



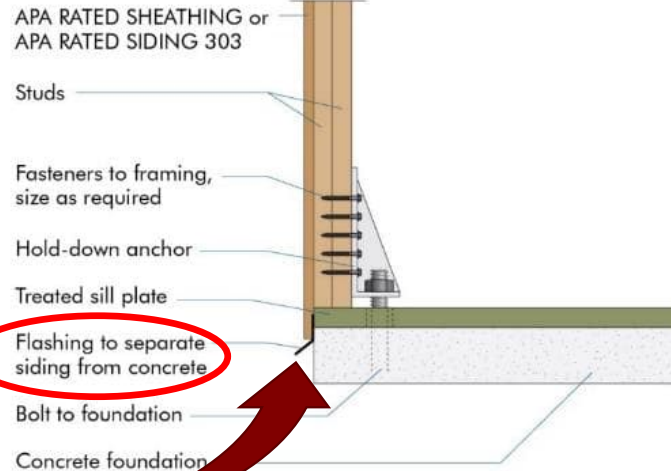
Building From the Ground Up: Special Topics

Use Flashing

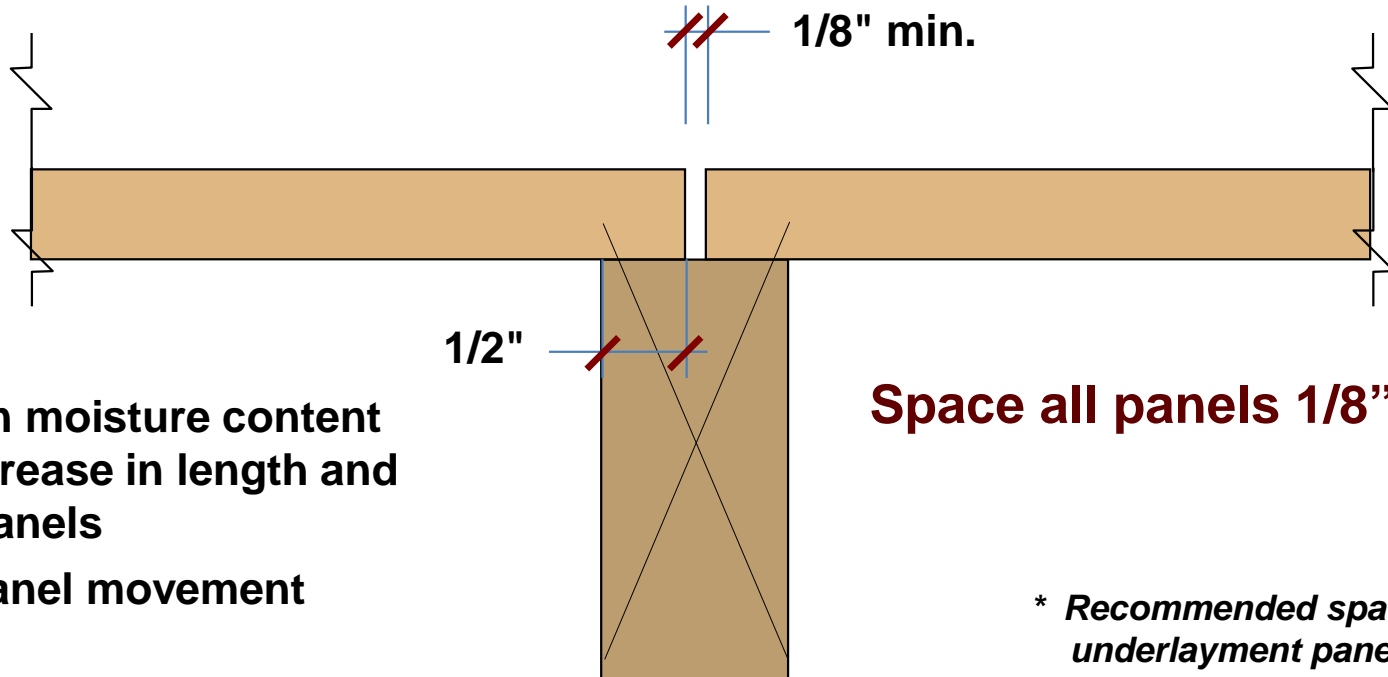
Flashing keeps the panel from contacting the concrete.

SHEAR WALL HOLD-DOWN ANCHOR

Shear wall overturning moments may be transferred by a fabricated steel bracket such as this. Regular foundation bolts may be all that is required in some cases depending on engineering analysis.



Building From the Ground Up: Special Topics

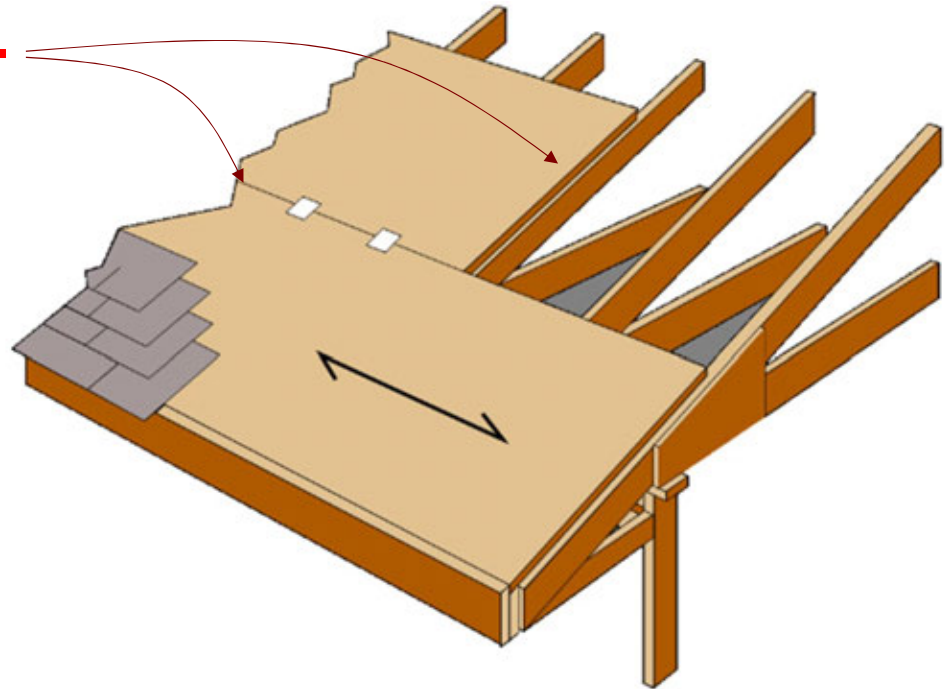


1. Increase in moisture content means increase in length and width of panels
2. Plan for panel movement

* Recommended spacing of floor underlayment panels = 1/32"

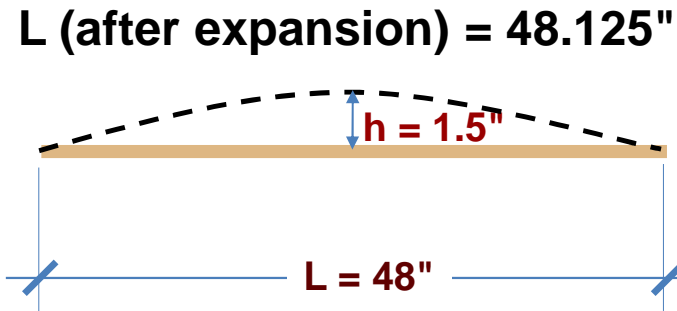
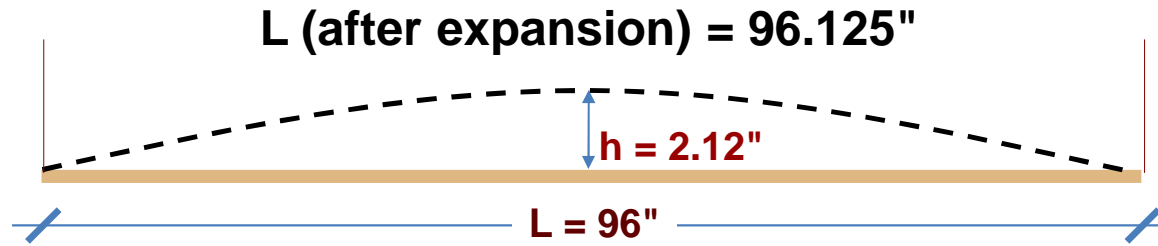
Building From the Ground Up: Special Topics

**Space panels 1/8" min.
(ends & edges)**



Allow for panel expansion

Building From the Ground Up: Special Topics



Allow for panel expansion

Building From the Ground Up: Special Topics

What can happen if panels aren't allowed to acclimate?



Building From the Ground Up: Special Topics



**Nailing
approx.
3" o.c.**

Building From the Ground Up: Special Topics

Buckling — High Risk Applications

- Panels installed parallel to supports (e.g., walls)
- Edge nailing 4" o.c. or closer
- Long lasting rainy weather or high humidity
- Panels installed within a few days of their manufacture
- Others...



APA Technical Note D481

High risk because the conditions may reduce edge gap's effectiveness in absorbing panel expansion.

Building From the Ground Up: Special Topics

Panel Expansion of large structures

- Panel expansion may accumulate through the framing of large, continuous floor or roof decks
- Provide temporary expansion joints to minimize displacement when building plan dimension exceeds 80'



Building From the Ground Up: Special Topics

TEMPORARY EXPANSION JOINT DETAIL FOR FLOORS

12" gap in wall bottom plate at expansion joint

3/4" temporary expansion joint at 80' intervals



16d common (0.162" x 3-1/2") nails at 16" inch oc (2 rows staggered) or as required for engineered diaphragm shear transfer

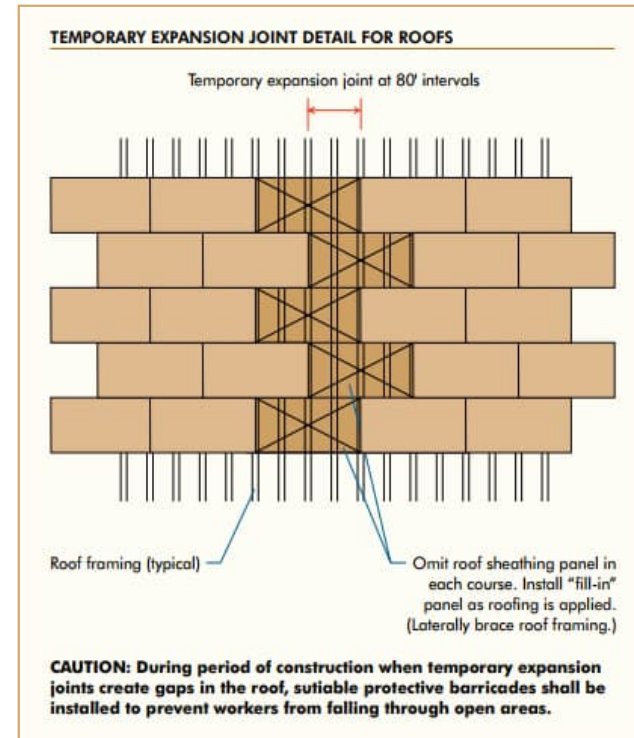
Doubled floor joists at expansion joint

After building is "closed in," nail floor deck and fill expansion joint with wood strip or non-shrink grout (provide 1/8" spacing at panel ends and edges).

Building From the Ground Up: Special Topics

Provisions for large structures

- Sheath 80-foot sections, omitting a roof sheathing panel between sections
- Complete installation with fill-in panels immediately before sheathing is covered with roof underlayment



Building From the Ground Up: Special Topics

Shrinkage occurs primarily in horizontal wood dimensional lumber members such as wall plates and floor joists.



Building From the Ground Up: Special Topics

Wood shrinkage

- Wood mostly shrinks perpendicular to grain. (Shrinkage parallel to grain is approximately 1/40 of the shrinkage perpendicular to grain and can be neglected.)
- The amount of shrinkage (or expansion) in wood is directly proportional to the change in moisture content.
- The higher the moisture content at time of construction, the more shrinkage that can occur in the structure as the structure dries out/acclimates.
- Wood shrinkage must be accounted for in structures > than 2 stories.

Building From the Ground Up: Special Topics

Tips:

- Keep materials dry, dry in as soon as possible
- Load floors ASAP
- Accommodate movement in plumbing and electrical (vertical slip joints, vertical slot holes at horizontal runs, etc.)
- Limit or avoid dissimilar materials.
- Additional information on Accommodating Shrinkage in Wood-Frame Structures can be found on WoodWorks web page, www.woodworks.org

Quick Summary

Simple basics make a big difference:

- Follow the prints and specifications
- Space panels
- Follow fastening guidelines
- Check load paths/stacking
- Control moisture

Assistance is available from APA



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UPCOMING WEBINAR

Designing Engineered Wood Diaphragm Systems

Wednesday, May 22 | 10-11 a.m. PDT

Diaphragms play a vital role in a building's lateral load path. Whether that lateral load is from seismic activity or wind forces, the diaphragm is responsible for distributing that lateral load to the shear walls. This session provides guidance on the proper design of engineered wood diaphragm



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Contact the Help Desk

Use the contact form at right to submit your question.



Frequently Asked Questions

General

How do I interpret the stamp on APA-trademarked plywood and OSB?

The information contained on the APA trademark is explained in detail on the APA Trademark page. [GO >](#)

Do APA specification/use recommendations apply to products certified by other agencies?

No. Since the APA trademark appears only on products manufactured by member mills of APA — The Engineered Wood Association, it signifies that the products are subject to the Association's audit — the toughest and most comprehensive quality auditing program in the industry. The technical information and product use recommendations developed by APA are based on research and testing of APA trademarked products and therefore does not apply to panels certified by other agencies.

Products

CONTACT THE HELP DESK

Representatives available from Monday to Friday, 7:00 AM to 4:00 PM, PST. Please make sure to provide brief details regarding the nature of your inquiry and type of product(s).

By Email: help@apawood.org

By Contact Form:

Please fill out form as required.

Full Name

Profession

Please select.

Company Name

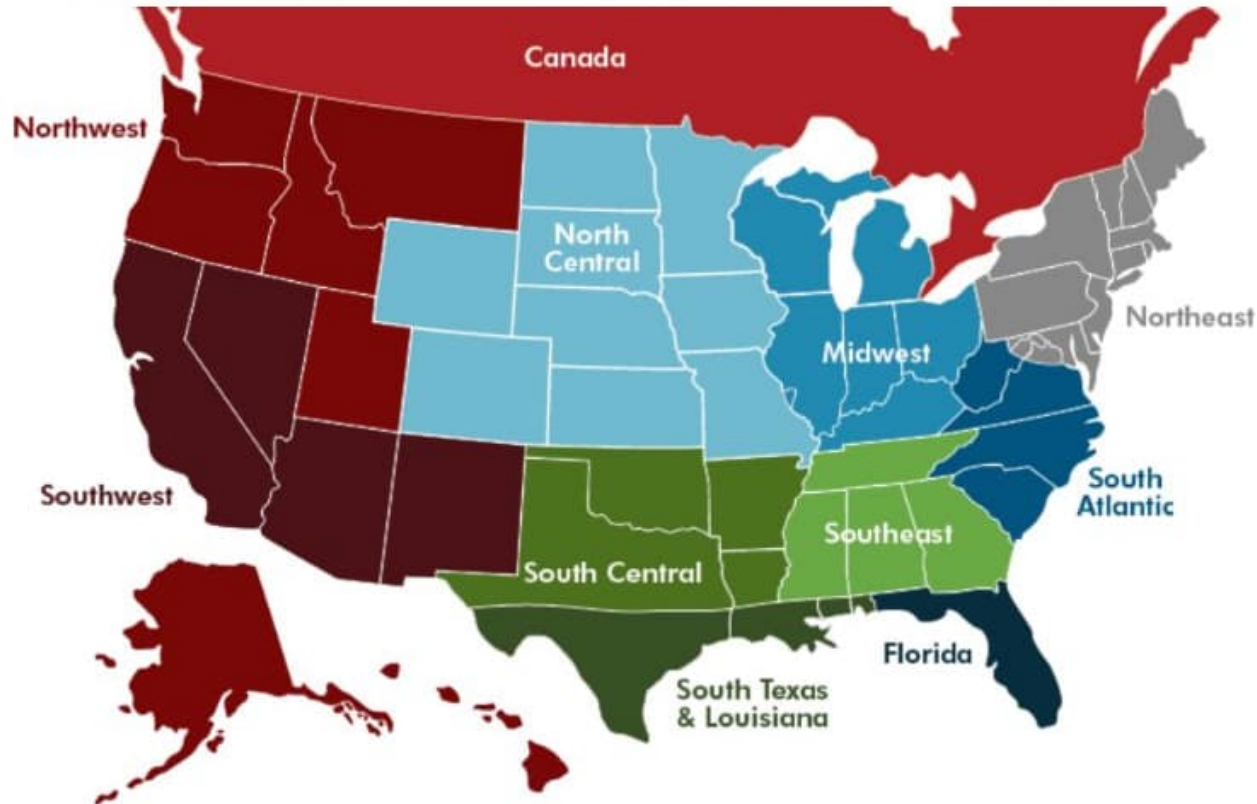
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Phone Number (optional)

City

EWS Territories

www.apawood.org/staff-contacts



Questions? Ask us anything.



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